

EXHIBIT 189
REDACTED

RE: WPATH's Standards of care for the health of transgender and gender diverse people, version 8 (SOC-8)

From: "Saul Levin, MD" <[REDACTED]@apa.org>

To: [REDACTED]

Cc: [REDACTED]

Date: Tue, 06 Sep 2022 16:47:27 -0400

Dear [REDACTED]

APA supports access to evidence-based coverage of all gender-affirming procedures which would help the mental well-being of gender-diverse individuals. Additionally, a statement specific to the guidelines from APA is in effect an endorsement and APA has a process for guideline reviews that we cannot circumvent.

Saul

Saul Levin, MD, MPA, FRCP-E, FRCPsych
CEO & Medical Director
American Psychiatric Association

From: [REDACTED] <[REDACTED]@apa.org>

Sent: Tuesday, September 6, 2022 9:52 AM

To: [REDACTED]; Saul Levin, MD <[REDACTED]@apa.org>

Cc: [REDACTED]

Subject: Re: WPATH's Standards of care for the health of transgender and gender diverse people, version 8 (SOC-8)

APA WARNING: Verify external sender before clicking on links/attachments or sharing sensitive information.

Hi [REDACTED]

I have never heard back from APA or Saul (cc'd again) since our June email exchange

I do know that historically, APA does not endorse outside groups' treatment guidelines

However I also believe APA has signed on to some amicus briefs in opposition to new laws opposing gender affirming care--I believe those briefs do cite WPATH previous SOC

Saul, any thoughts on this?

[REDACTED]

--

[REDACTED]

On Tue, Sep 6, 2022 at 6:13 AM [REDACTED] wrote:

Dear [REDACTED]

Any news forthcoming regarding the APA and whether they are willing to support/endorse the SOC8?

Warmest,

[REDACTED]

[REDACTED]

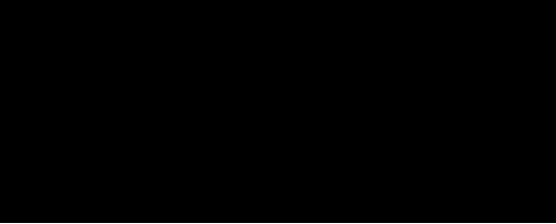
-

On 2022-06-11 16:57, [REDACTED] wrote:

Hi [REDACTED]

I am cc'ing Saul Levin, Medical Director and CEO of the APA in this response

=



On Sat, Jun 11, 2022 at 11:18 AM [REDACTED] wrote:

Dear [REDACTED]

I hope this email find you well!

I am writing to you on behalf of WPATH, as its current President.

After more than 4 years, we are ready to publish the next version of the Standards of Care version 8 (SOC-8).

Aim: The overall goal of SOC-8 is to provide clinical guidance for health care professionals to assist transgender and gender diverse (TGD) people with safe and effective pathways to achieving lasting personal comfort with their gendered selves, in order to optimize their overall physical health, psychological well-being, and self-fulfillment.

Methods: The SOC-8 is based on the best available science and expert professional consensus in transgender health. International professionals and stakeholders were selected to serve on the SOC-8 committee. Recommendation statements were developed following independent systematic literature reviews, where available, background reviews and experts' opinions. Grading of recommendations were based on available evidence supporting interventions, a discussion of risks and harms, as well as feasibility and acceptability within different contexts and country settings.

The reason I am writing to you is this:

The SOC-8 has been completed and we are going through the final (minute) edits before submission for online, Open Access publication in the International Journal of Transgender Health.

We are looking for someone (President/Executive Director/CEO, etc.) who would be willing to provide a short opinion/view regarding the SOC8 on behalf of the APA (American Psychiatric Association). We are not asking for an official endorsement (although that would be wonderful too!), but simply a few sentences pertaining to the SOC8 on behalf of the APA.

As you know "Psychiatry" has a somewhat contentious historical past when it comes to the care and treatment of sexual and gender minorities.

The SOC8 remains under embargo, and currently only ADM Rachel Levine and her Department (HHS/OASH) have access to the full document, but we will provide full access following the signing of a non-disclosure document.

Do you know anyone I could approach and who has the authority to provide such opinion on behalf of the APA?

With kind regards, and looking forward to your response,

[Redacted]

-

-

[Redacted]

Re: From the Cass review in the UK: A fascinating read

From:
To:
Cc:

Date: Mon, 24 Oct 2022 09:15:59 -0400

Doodle?

offered assistance from their communications team - maybe we can get some input from there. Although I don't think fighting this in the media is as important as endorsements at this point.

Best,

On Mon, Oct 24, 2022 at 6:49 AM > wrote:

We've been trying to get a large group together, which has been quite difficult. If you have an idea of how to do this more efficiently then please advise.

will be out after this week, recovering from surgery, for up to 3 weeks.

Sent from my iPhone

On Oct 24, 2022, at 7:21 AM, > wrote:

Everyone,

We need a strategy meeting together ASAP. A silo'd approach is not going to be effective. I'm highly concerned that we aren't communicating and unified around this.

Sent from my iPhone

On Oct 24, 2022, at 7:19 AM, > wrote:

I wish I could be included in that discussion as well.

Sent from my iPhone

On Oct 23, 2022, at 11:57 PM, > wrote:

i am having a conversation with > later today...

Kindly.....



On Oct 23, 2022, at 9:13 PM, [REDACTED] wrote:

[REDACTED] I agree with you re: urgency. I believe this should be among the most pressing priorities on our plates and I believe a planning meeting is needed.

On Sun, Oct 23, 2022 at 2:38 PM [REDACTED] wrote:
Use all avenues

On Sun, Oct 23, 2022 at 1:11 PM [REDACTED] wrote:
I also have contacts at the American Psychological Association if that's helpful.

Sent from my iPad

On Oct 23, 2022, at 2:10 PM, [REDACTED] wrote:

I think we need [REDACTED] to reach out to Amer Psychiatric - I think he is still leading the task force - that I have been on with [REDACTED]

In terms of Amer Psych - [REDACTED] would probably know.

I continue to feel the urgency of a planning meeting to get the endorsements (if we can). And AAP is in my opinion the first stop.

[REDACTED]

On Sun, Oct 23, 2022 at 12:29 PM [REDACTED] wrote:

I also share tremendous worries, especially as the midterm elections in the US are starting to look grim. I have no idea if we have reached out to the American Psychological Association (APA) for endorsement as well- anyone know and I can I help in this area?

Sent from my iPad

On Oct 23, 2022, at 1:15 PM, [REDACTED]
[REDACTED] wrote:

[REDACTED]

Let us give all the support you need to work with that organization. But obviously we need you to lead the way. It is harder to mandate that system in a fragmented health care system - but certainly some systems, hospitals, states (many) will adopt that approach.

[REDACTED]

On Sun, Oct 23, 2022 at 11:49 AM [REDACTED]
[REDACTED] wrote:

This is so devastating. I'm so fearful that this is the direction we are going to find ourselves in here in the U.S. if we aren't careful every step of the way. It is so crucial that we can secure mainstream professional associations endorsement of the SOC8 as soon as possible. I just got back from AACAP where I had spontaneous introductions with people in high level positions (including the President and CEO of AAP and President of AACAP), and really do hope there's a possibility of securing those endorsements.

[REDACTED]

From: [REDACTED]
[REDACTED]
Date: Sunday, October 23, 2022 at 12:41 PM
To: [REDACTED]
Cc: [REDACTED]

Subject: Re: From the Cass review in the UK: A fascinating read

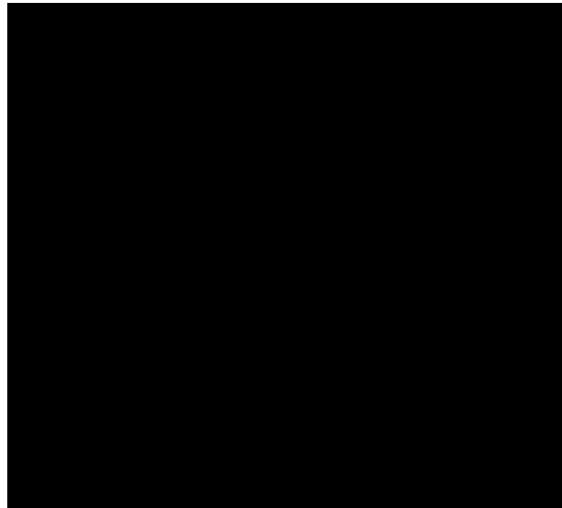
As I have stated on a number of occasions, particularly in the EC meetings, since the Bell vs Tavistock judiciary ruling, the National Health Service (NHS) has stopped providing any gender affirming medical treatment (hormones and surgery) for people under the age of 18.

Technically, adult trans health services, like ours in Nottingham, and London, etcetera, can prescribe blockers and hormones for young people aged 17 and older, but the waiting list now exceeds 2 years or more for all transgender health clinics, so in reality ALL young people do not have access to care in England. How many people are we talking about? Probably thousands.....

[REDACTED] is supposed to head a team commissioned by NHS England (which finances all secondary care) looking at all the Tavistock referrals that are waiting for an appointment. My understanding is that there are a couple of thousand referrals.....

So, the situation is more than dire for young trans people and their families in the UK.

[REDACTED]



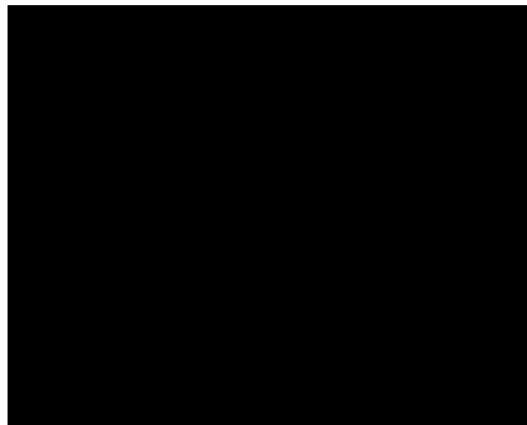
Error! Filename not specified.Error! Filename not specified.Error! Filename not specified.Error! Filename not specified.

On 2022-10-23 16:37, [REDACTED] wrote:

[REDACTED] - it would certainly be devastating for those unable to access care

[REDACTED] - is this your take as well? How many would potentially be affected?

Kindly.....



On Oct 23, 2022, at 5:07 PM, [REDACTED]
[REDACTED] wrote:

Well I read this as very much in keeping with the principles of WPATH SOC without acknowledgement and while distribution of care regionally is a good idea - staffing and having this restricted to a research protocol - goes in the direction of Sweden. While this will insure good outcome studies - I fear that most children and adolescents will go untreated. And if they go outside of the protocol, they will not be given service forcing people into the underground.

I would say that this will have a chilling effect across the world.

Maybe I am not reading this exactly but that is my read.

Will WPATH, AAP, Endocrine Society (our few endorsers) have a response?

[REDACTED]

[REDACTED]

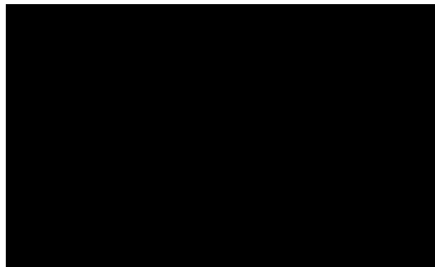
--

X



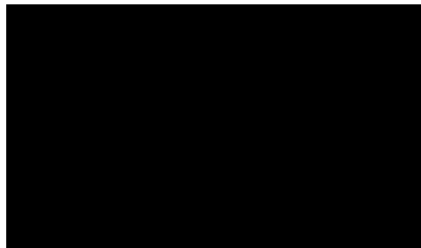
--

X



--

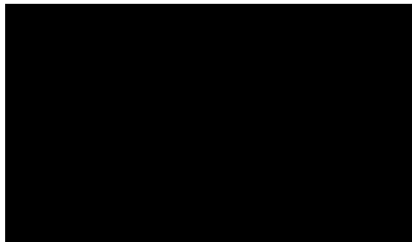
X



--



--



Re: Re: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

From: Asa Radix <asa@wpath.org>
To: walterbouman@wpath.org
Cc: WPATH EC 2022 <wpathec2022@wpath.org>
Date: Tue, 14 Jun 2022 16:51:52 -0400

I don't think that they endorse any guidelines. The best people to reach out to would be orgs such as the American College of Physicians. The AMA has no power in the USA except lobbying for higher reimbursement through congress.

On Tue, Jun 14, 2022, 4:32 PM Walter Bouman <wbouman@wpath.org> wrote:

Dear Friends,

I just wanted to share this email trail with you.

It annoyed the hell out of me, and I had to stop my impulsivity to not respond with a very very rude email response to the AMA and its current custodians (probably some white cisgender heterosexual hillbillies from nowhere..... (please delete this quote).....

They can do SO MUCH BETTER THAN THIS AND CLEARLY THEY HAVE THOUGHT ABOUT THIS ISSUE A PRIORI - given the very very swift response. Not even wanting to read the SOC8.....

In the context of the previous AMA responses and official statements regarding TGD healthcare (which were quite in keeping with modern medicine and medical ethics) this is simply not good enough and I would very much like to spend a little bit of time together tomorrow to give a response to them in a way that (like AASECT did) they cannot simply ignore.....

It is time to stand up and fight for what we believe in.....

Interestingly, the response to asking colleagues around the world (and of course the world is far far more bigger than the USA) for their support for the SOC8 has been overwhelmingly positive, so..... let's stick to finding confirmation that our colleagues in the USA are in agreement with the values we profess.

At the end of the day, we all committed ourself to the same Hippocratic Oath.

Speak tomorrow,

Warmest,

Walter

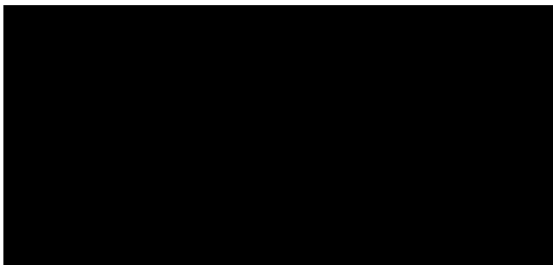
Dr Walter Pierre Bouman MD MA MSc UKCPreg PhD

Consultant in Trans Health/Honorary Professor School of Medicine, University of Nottingham, UK

President World Professional Association for Transgender Health (WPATH)

Editor-in-Chief *International Journal of Transgender Health* (Impact Factor 2020 = 5.333)

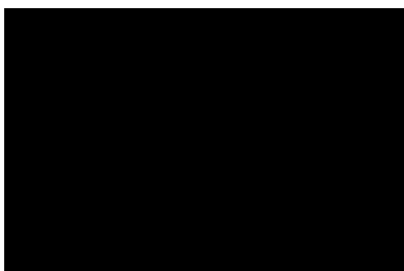
Nottingham National Centre for Transgender Health



----- Original Message -----

Re: the imminent release of the SOC8 - and please be so kind as to give us your support
or endorsement
Subject: or endorsement
Date: 2022-06-13 22:11
From: [redacted], Walter Bouman
To: [redacted]
Copy: [redacted]

Nice response....thanks [redacted]



Please respect the confidentiality of this email

From: [REDACTED]
Date: Monday, June 13, 2022 at 4:04 PM
To: Walter Bouman [REDACTED]
Cc: [REDACTED]
Subject: RE: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

[REDACTED]

Thank you for your outreach to the American Medical Association (AMA); [REDACTED] asked me to reply on their behalf. While we appreciate your efforts on the SOC-8, the AMA does not endorse or support standards of care--that falls outside of our expertise. Thus, we are unable to respond affirmatively to your request, but wish you the best in your efforts to assist transgender and gender diverse people.

Sincerely,

[REDACTED]

From: Walter Bouman [REDACTED]
Sent: Monday, June 13, 2022 3:33 PM
To: [REDACTED]
Cc: [REDACTED]
Subject: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

[Warning External Email]

This email is meant to be read by [REDACTED]

Please please do re-direct this email to your President and CEO as it is important!!

Dear Colleagues,

I am writing to you as President and CEO of the American Medical Association on behalf of the World Professional Association for Transgender Health (WPATH), as its President.

After more than 4 years, we are ready to publish the next version of the WPATH Standards of Care version 8 (SOC-8).

Aim: The overall goal of SOC-8 is to provide clinical guidance for health care professionals to assist transgender and gender diverse (TGD) people with safe and effective pathways to achieving lasting personal comfort with their gendered selves, in order to optimize their overall physical health, psychological well-being, and self-fulfillment.

Methods: The SOC-8 is based on the best available science and expert professional consensus in transgender health. International professionals and stakeholders were selected to serve on the SOC-8 committee. Recommendation statements were developed following independent systematic literature reviews, where available, background reviews and experts' opinions, Grading of recommendations were based on available evidence supporting interventions, a discussion of risks and harms, as well as feasibility and acceptability within different contexts and country settings.

The reason I am writing to you is this:

We, as WPATH would be most grateful if the AMA would be willing to support or endorse the SOC-8.

If you agree to this, we will send you a link to the SOC8 (which is currently under embargo, and currently only ADM Dr Rachel Levine and her Department (HHS/OASH) in the US have access to the full document) and we will provide access following the signing of a non-disclosure document.

Please let me know whether you are willing to do this. There is no hard timeline for this, but something in writing before the 1st August 2022 would be most appreciated.

I am - of course - always willing to explain our request in more detail, both via email or via an online meeting at your convenience.

With kind regards, and looking forward to your response, to better the lives of trans and gender diverse people globally,

Walter

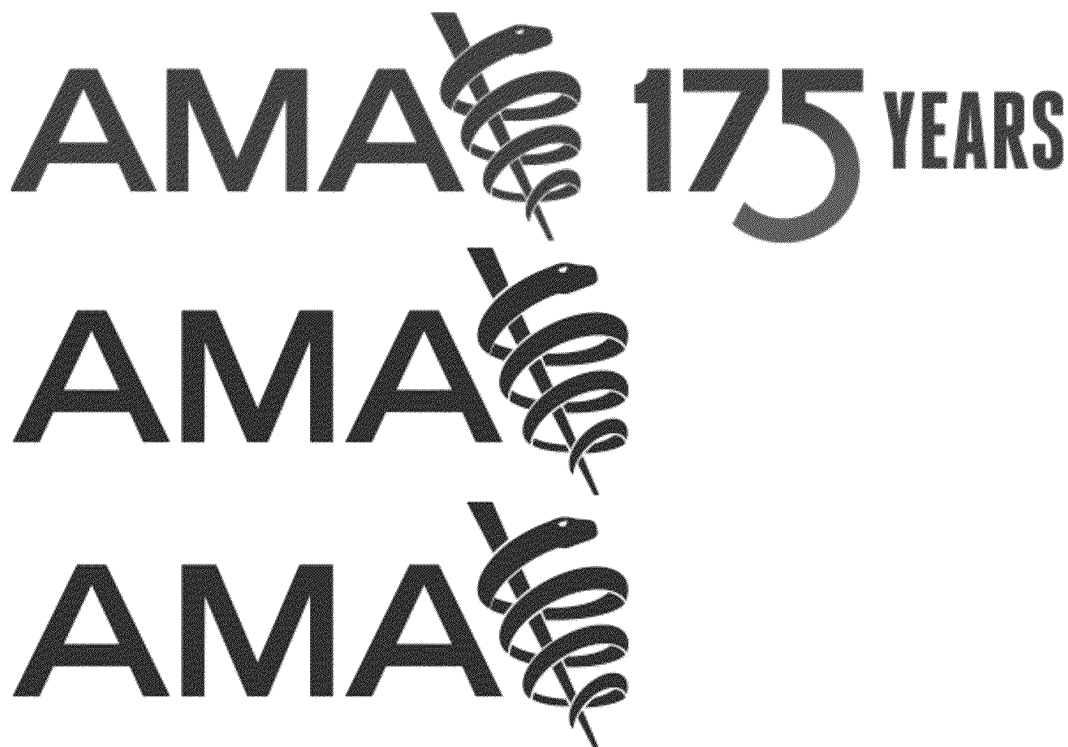
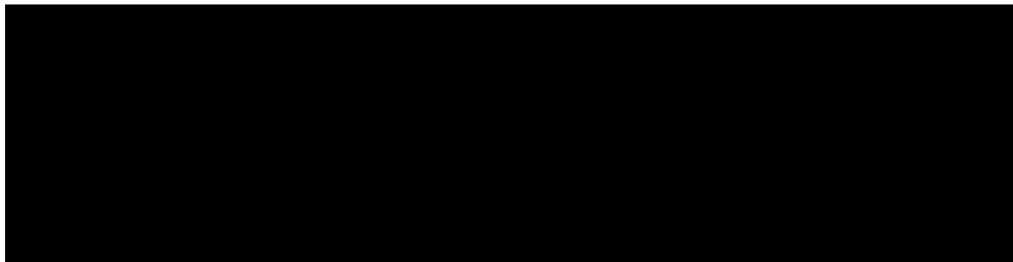
Dr Walter Pierre Bouman MD MA MSc UKCPreg PhD

Consultant in Trans Health/Honorary Professor School of Medicine, University of Nottingham, UK

President World Professional Association for Transgender Health (WPATH)

Editor-in-Chief *International Journal of Transgender Health* (Impact Factor 2020 = 5.333)

Nottingham National Centre for Transgender Health



**Re: [External] RE: Re: the imminent release of the SOC8 -
and please be so kind as to give us your support or
endorsement**

From: Dr. Marci Bowers <[REDACTED]>

To: [REDACTED]

Cc: [REDACTED]

Date: Tue, 14 Jun 2022 18:59:35 -0400

Yes, [REDACTED]

Your letter was very appropriate and gracious. Cowardice is nothing new in the medical field but also glad I never joined the AMA.

Kindly.....

Marci Bowers MD
WPATH President-elect
Trevor Project Board of Directors

[REDACTED]
[REDACTED]

Standing tall in times of darkness

On Jun 14, 2022, at 11:04 PM, [REDACTED] wrote:

Hi [REDACTED]

Don't feel bad. The AMA doesn't usually endorse things. However, I understand there is a movement under way there to pass some sort of anti discrimination statement against trans people. I don't have the full details but I heard it's months away.

Sent from my iPhone

On Jun 14, 2022, at 5:53 PM, [REDACTED] wrote:

And only a small percentage of physicians belong-I think it is somewhere around 13% of US physicians are members of the AMA...

From: [REDACTED]
Sent: Tuesday, June 14, 2022 3:52 PM

To: [REDACTED]

Cc: WPATH EC 2022 <wpathec2022@wpath.org>; [REDACTED]

Subject: Re: Re: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

I don't think that they endorse any guidelines. The best people to reach out to would be orgs such as the American College of Physicians. The AMA has no power in the USA except lobbying for higher reimbursement through congress.

On Tue, Jun 14, 2022, 4:32 PM [REDACTED] wrote:

Dear Friends,

I just wanted to share this email trail with you.

It annoyed the hell out of me, and I had to stop my impulsivity to not respond with a very very rude email response to the AMA and its current custodians (probably some white cisgender heterosexual hillbillies from nowhere..... (please delete this quote).....

They can do SO MUCH BETTER THAN THIS AND CLEARLY THEY HAVE THOUGHT ABOUT THIS ISSUE A PRIORI - given the very very swift response. Not even wanting to read the SOC8.....

In the context of the previous AMA responses and official statements regarding TGD healthcare (which were quite in keeping with modern medicine and medical ethics) this is simply not good enough and I would very much like to spend a little bit of time together tomorrow to give a response to them in a way that (like AASECT did) they cannot simply ignore.....

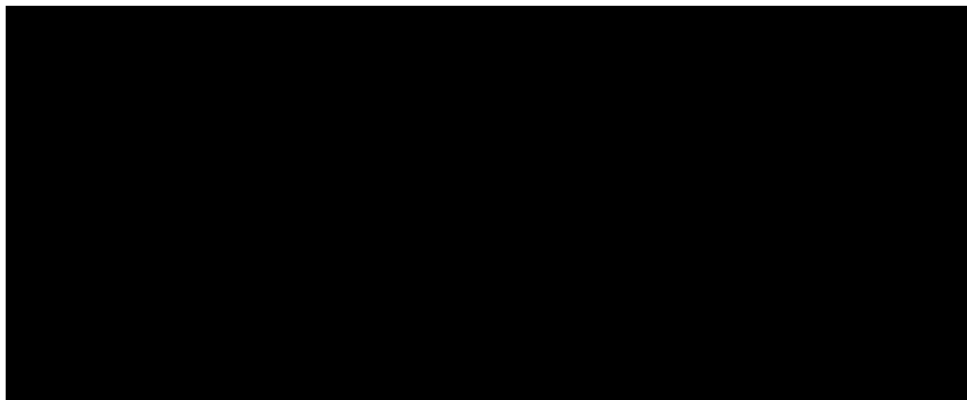
It is time to stand up and fight for what we believe in.....

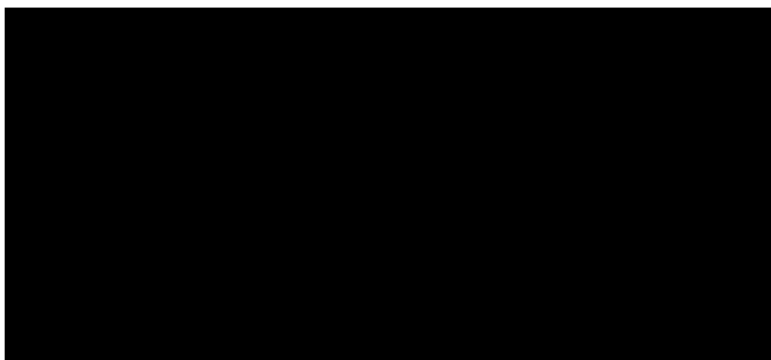
Interestingly, the response to asking colleagues around the world (and of course the world is far far more bigger than the USA) for their support for the SOC8 has been overwhelmingly positive, so..... let's stick to finding confirmation that our colleagues in the USA are in agreement with the values we profess.

At the end of the day, we all committed ourself to the same Hippocratic Oath.

Speak tomorrow,

Warmest,





-
----- Original Message -----

Subject: Re: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

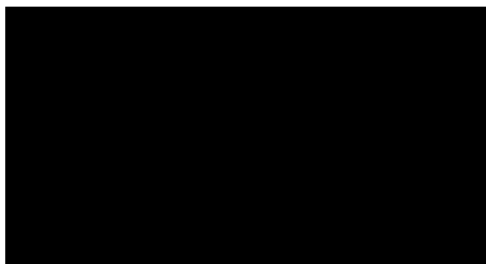
Date: 2022-06-13 22:11

From: [Redacted]

To: [Redacted]

Copy: [Redacted]

-
Nice response....thanks [Redacted]



-
Please respect the confidentiality of this email

-

From: [Redacted]

Date: Monday, June 13, 2022 at 4:04 PM

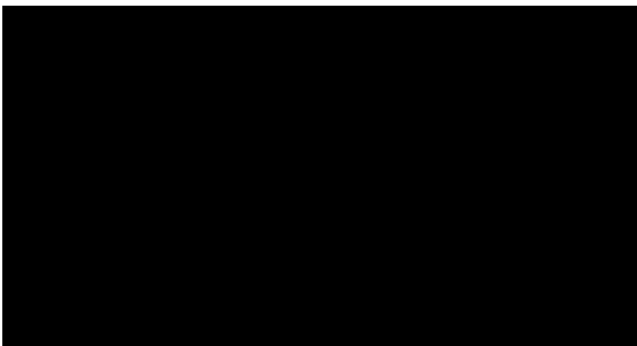
To: [Redacted]

Cc: [REDACTED]

Subject: RE: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

-
Thank you for your outreach to the American Medical Association (AMA). [REDACTED] asked me to reply on their behalf. While we appreciate your efforts on the SOC-8, the AMA does not endorse or support standards of care--that falls outside of our expertise. Thus, we are unable to respond affirmatively to your request, but wish you the best in your efforts to assist transgender and gender diverse people.

-
Sincerely,



[AMA membership: Join or renew today!](#)

-
-

From: [REDACTED]

Sent: Monday, June 13, 2022 3:33 PM

To: [REDACTED]

Cc: [REDACTED]

Subject: the imminent release of the SOC8 - and please be so kind as to give us your support or endorsement

-
[Warning External Email]

This email is meant to be read by [REDACTED]

Please please do re-direct this email to your President and CEO as it is important!!

Dear Colleagues,

I am writing to you as President and CEO of the American Medical Association on behalf of the World Professional Association for Transgender Health (WPATH), as its President.

After more than 4 years, we are ready to publish the next version of the WPATH Standards of Care version 8 (SOC-8).

Aim: The overall goal of SOC-8 is to provide clinical guidance for health care professionals to assist transgender and gender diverse (TGD) people with safe and effective pathways to achieving lasting personal comfort with their gendered selves, in order to optimize their overall physical health, psychological well-being, and self-fulfillment.

Methods: The SOC-8 is based on the best available science and expert professional consensus in transgender health. International professionals and stakeholders were selected to serve on the SOC-8 committee. Recommendation statements were developed following independent systematic literature reviews, where available, background reviews and experts' opinions. Grading of recommendations were based on available evidence supporting interventions, a discussion of risks and harms, as well as feasibility and acceptability within different contexts and country settings.

The reason I am writing to you is this:

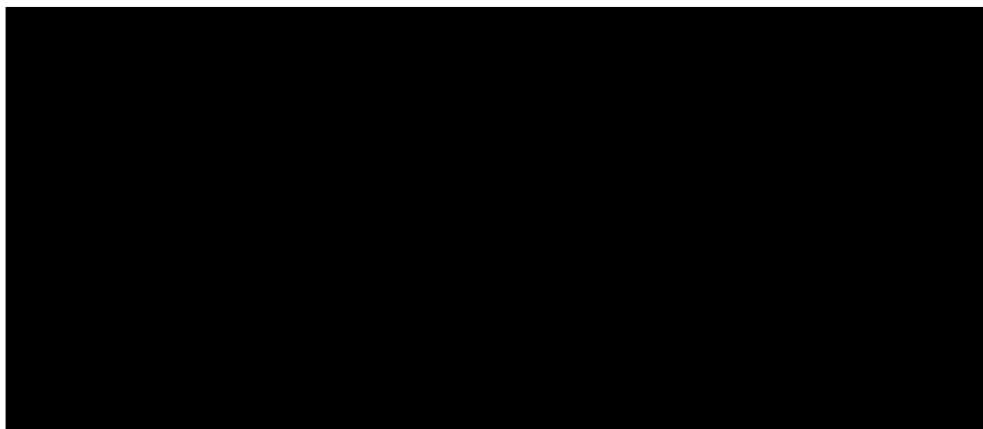
We, as WPATH would be most grateful if the AMA would be willing to support or endorse the SOC-8.

If you agree to this, we will send you a link to the SOC8 (which is currently under embargo, and currently only [REDACTED] and her Department (HHS/OASH) in the US have access to the full document) and we will provide access following the signing of a non-disclosure document.

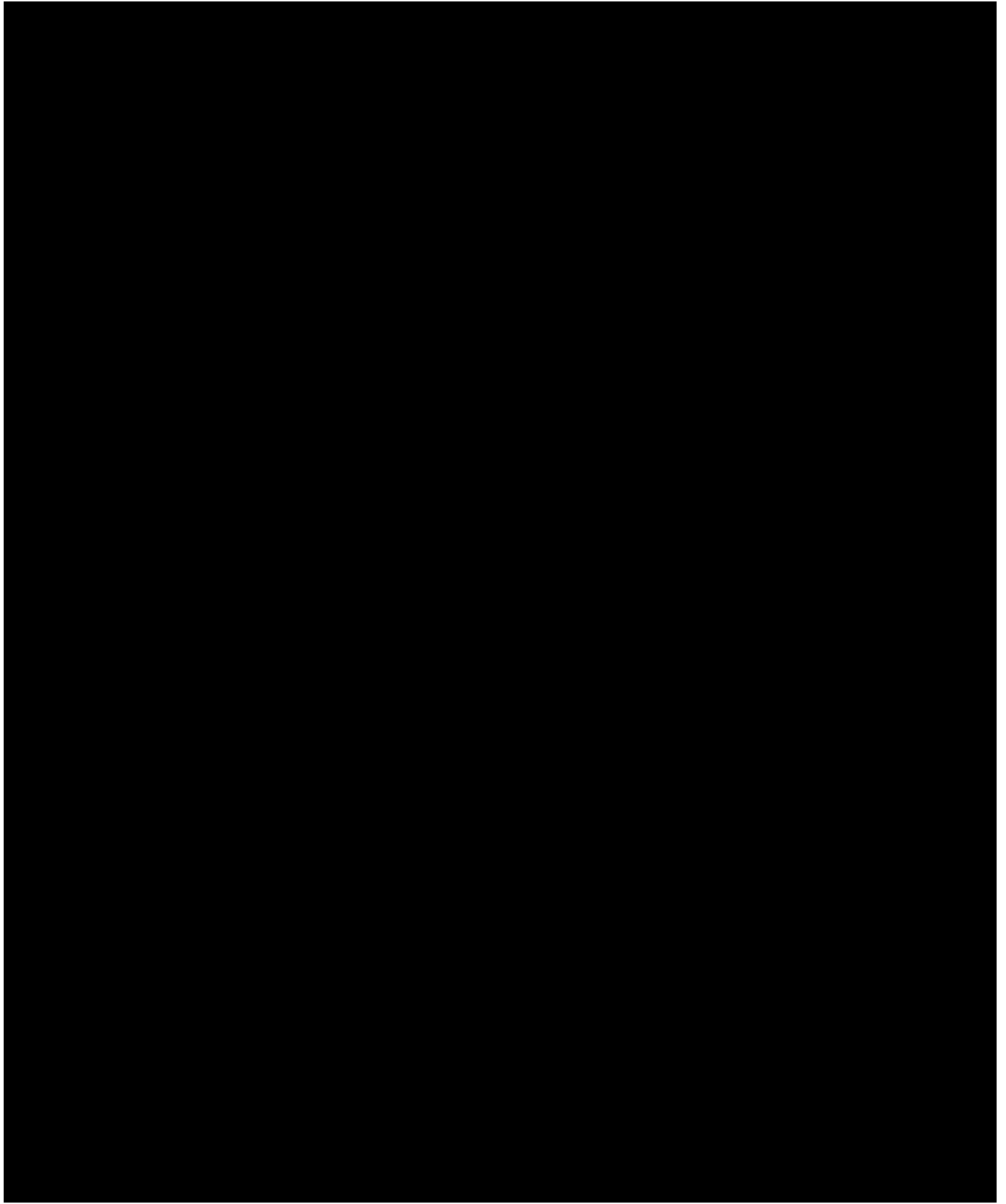
Please let me know whether you are willing to do this. There is no hard timeline for this, but something in writing before the 1st August 2022 would be most appreciated.

I am - of course - always willing to explain our request in more detail, both via email or via an online meeting at your convenience.

With kind regards, and looking forward to your response, to better the lives of trans and gender diverse people globally,

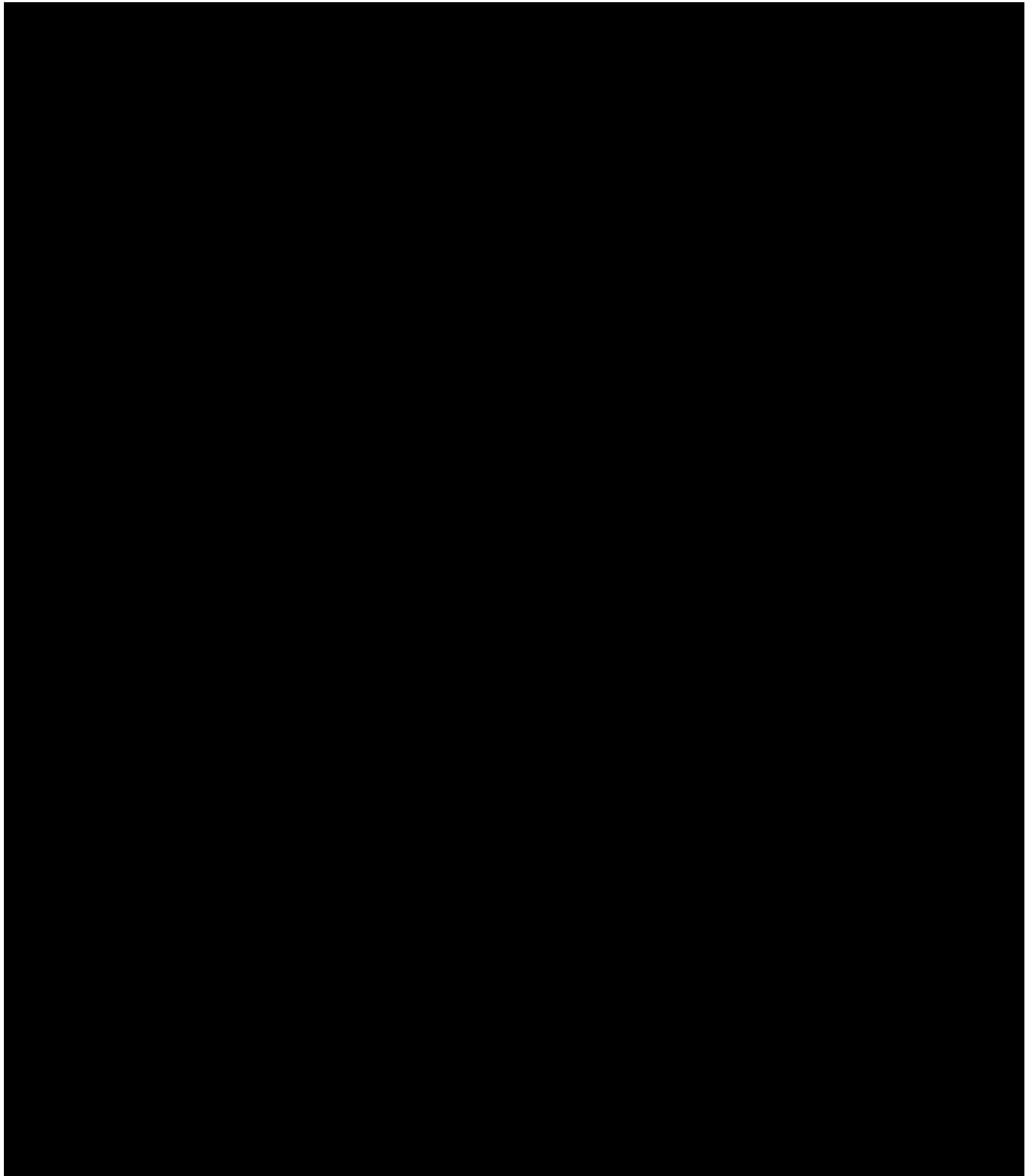


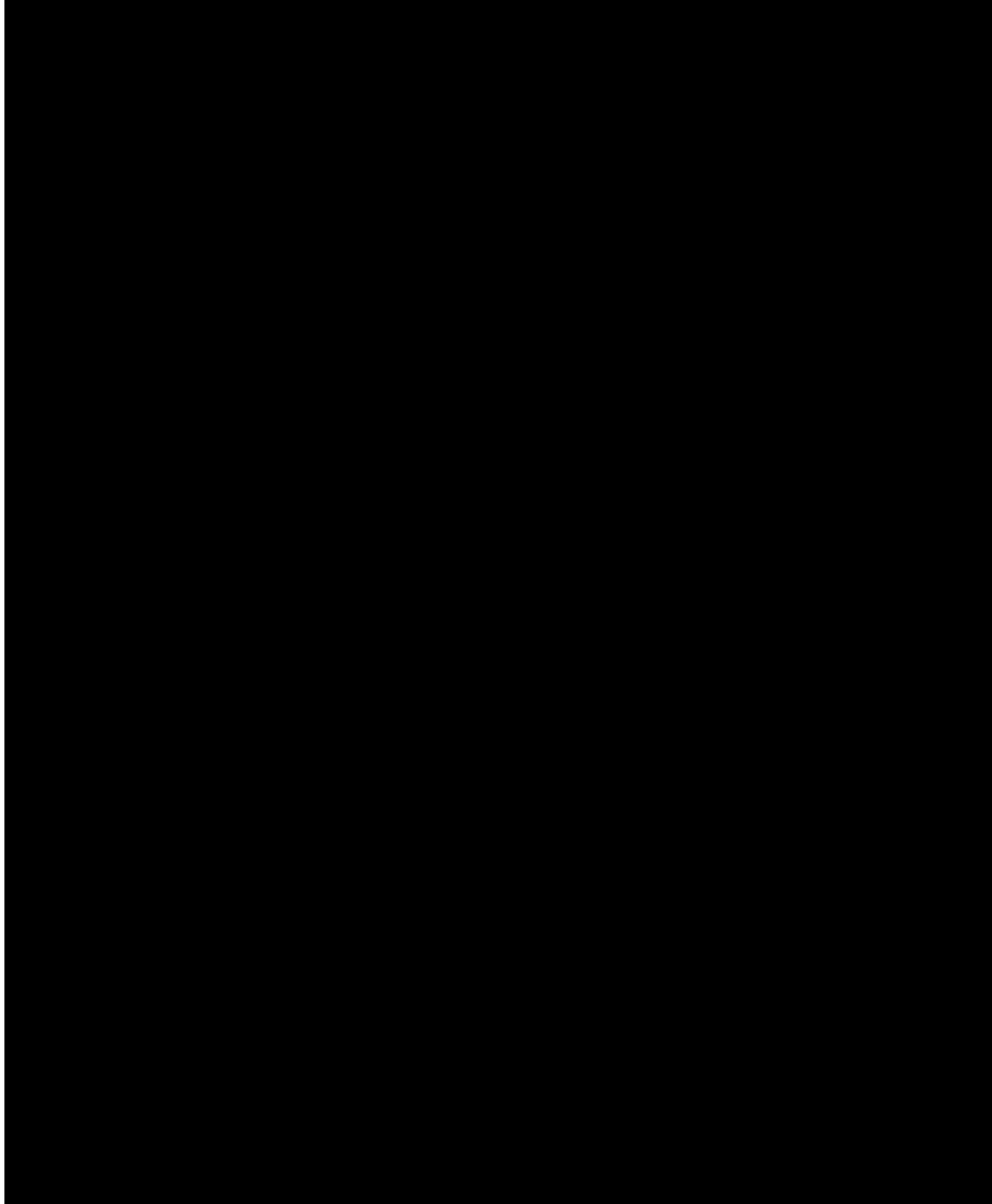




[Redacted]

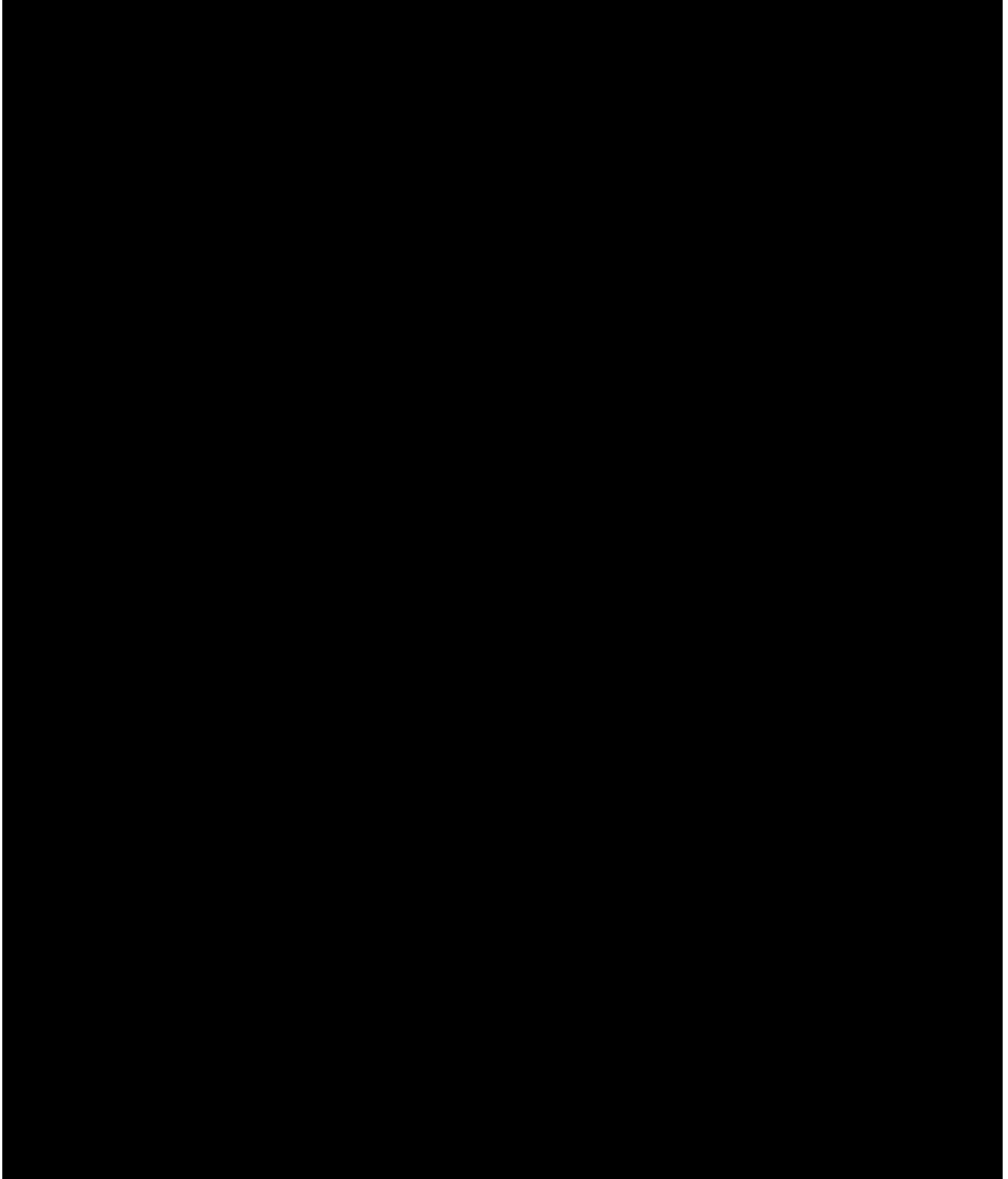
[Redacted]

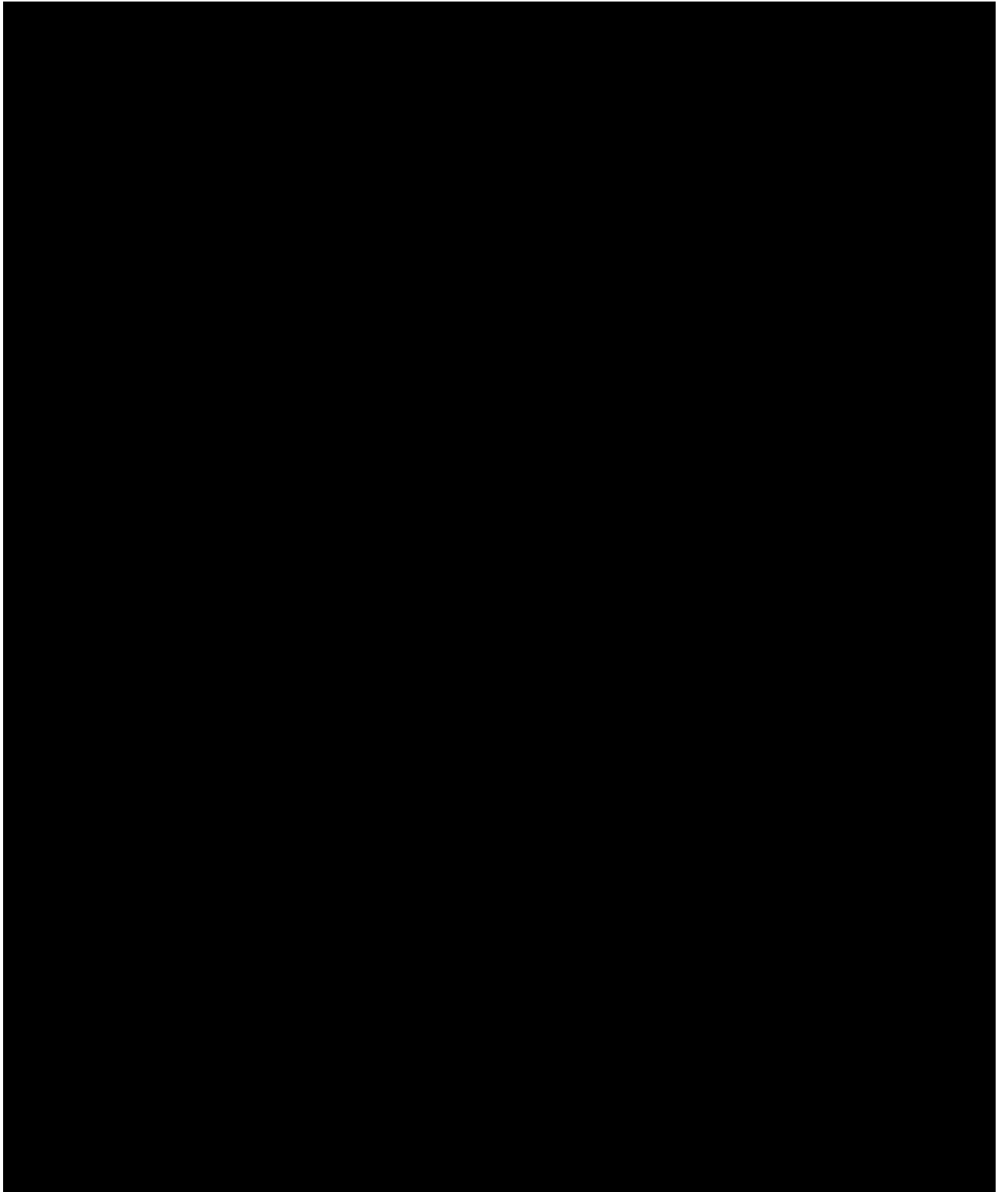


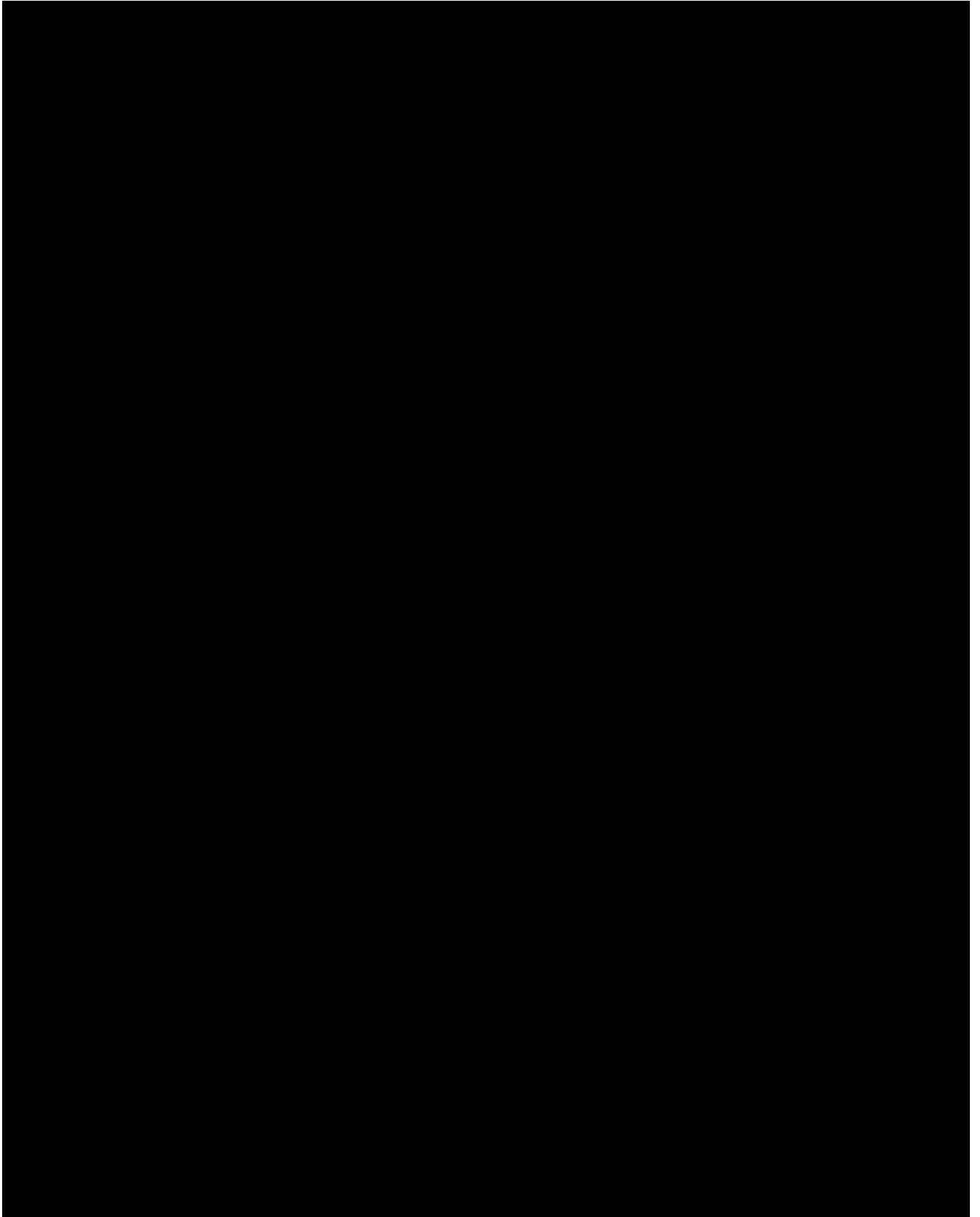


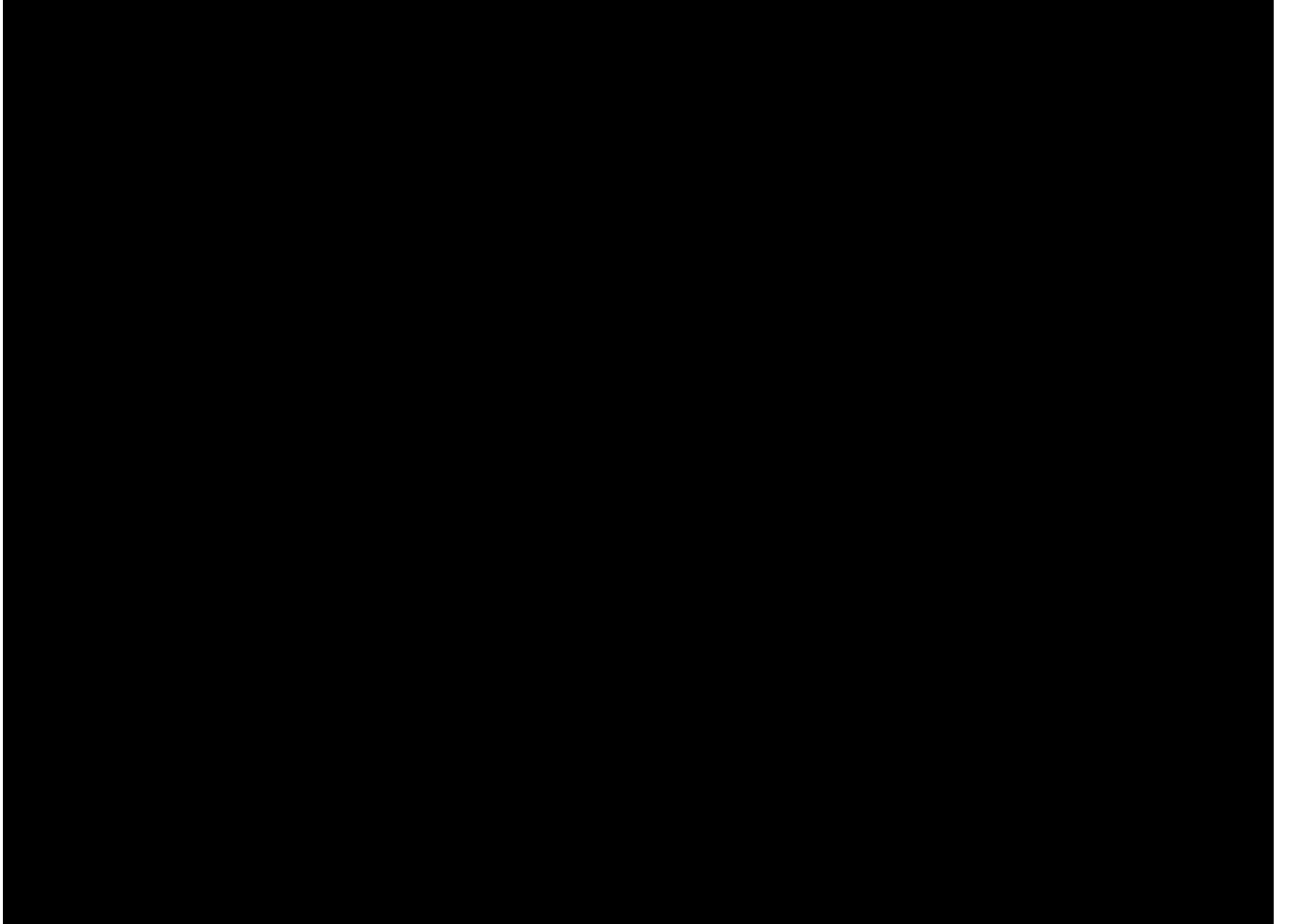
[Redacted]

[Redacted]



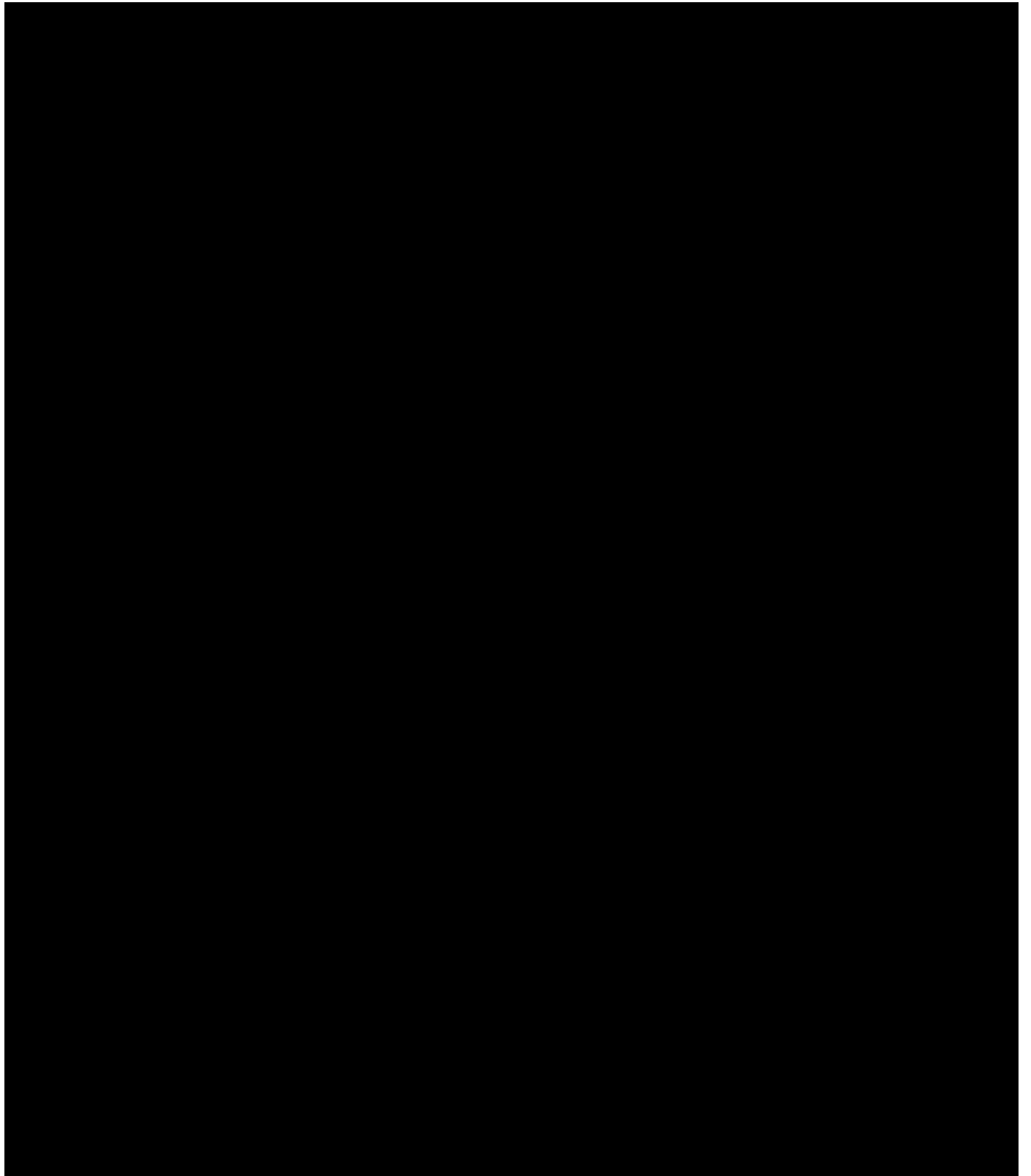


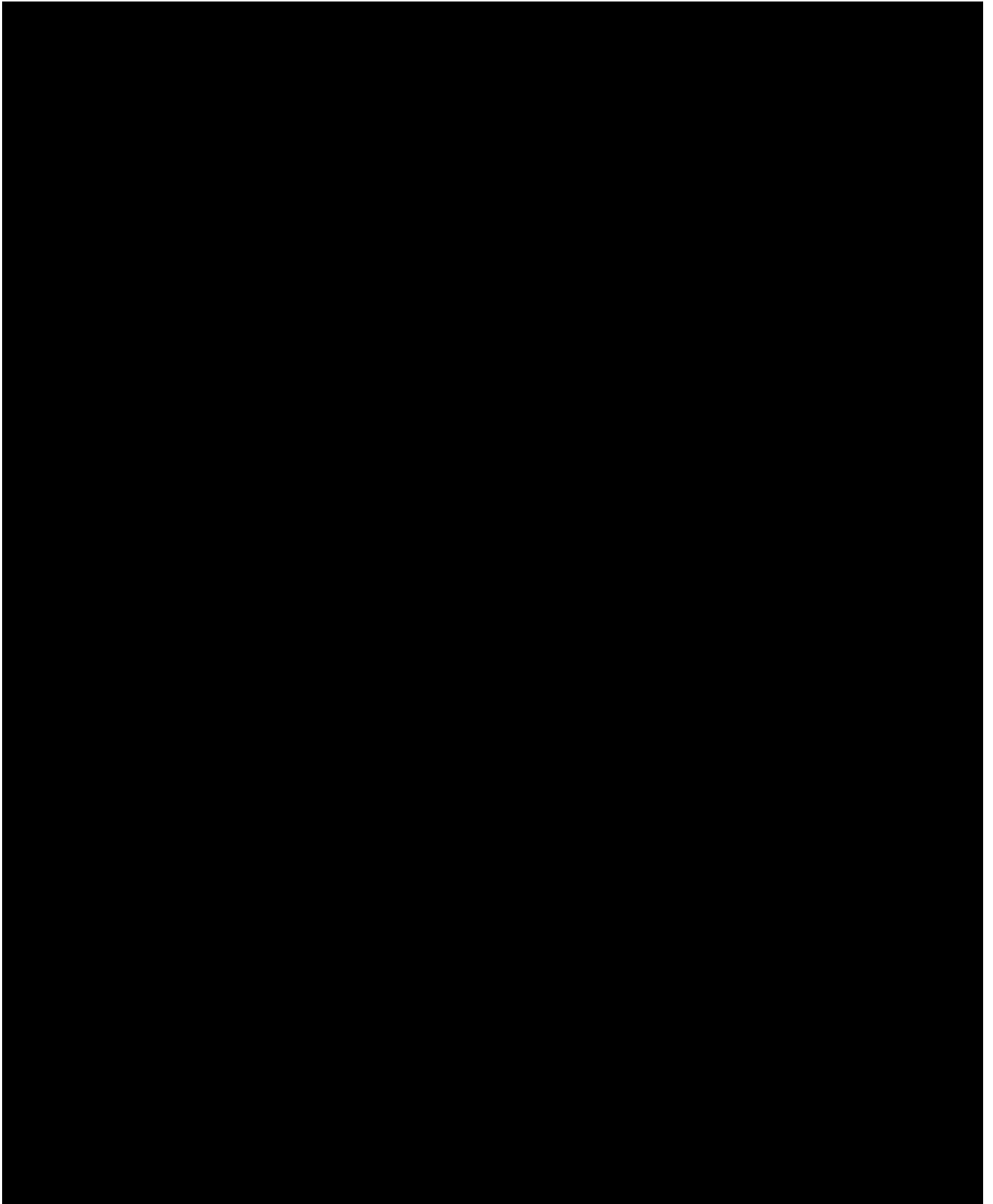


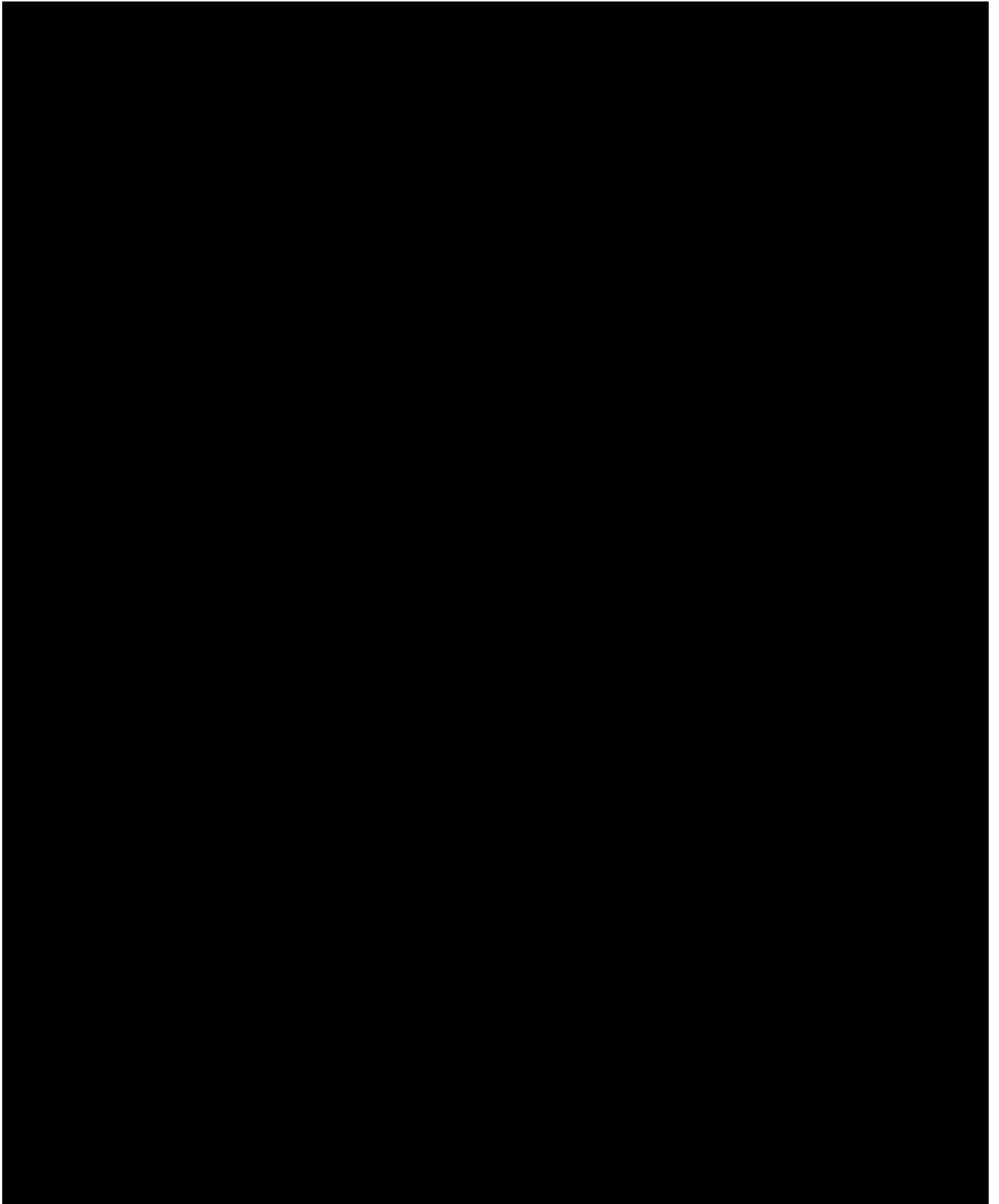


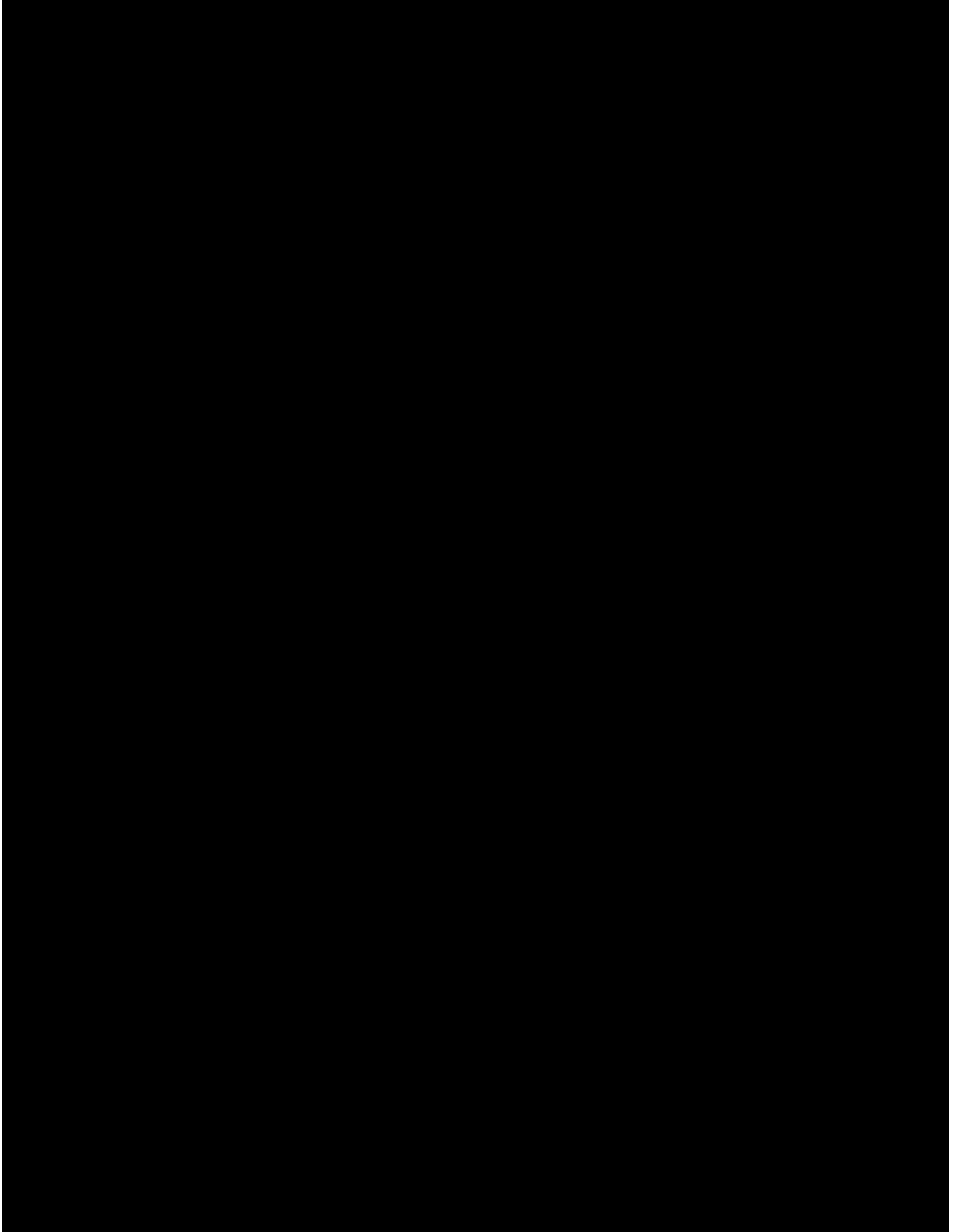
[Redacted]

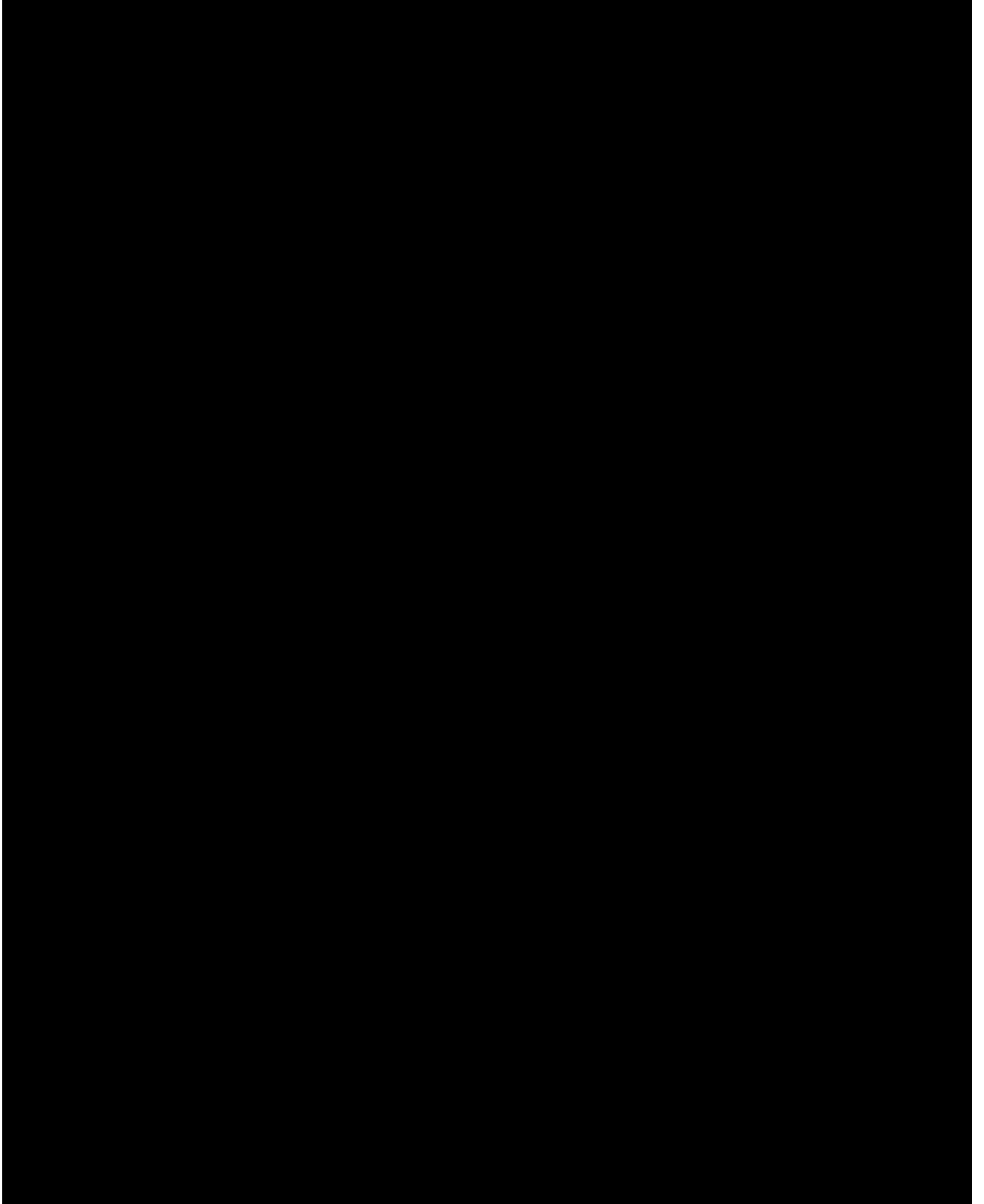
[Redacted]





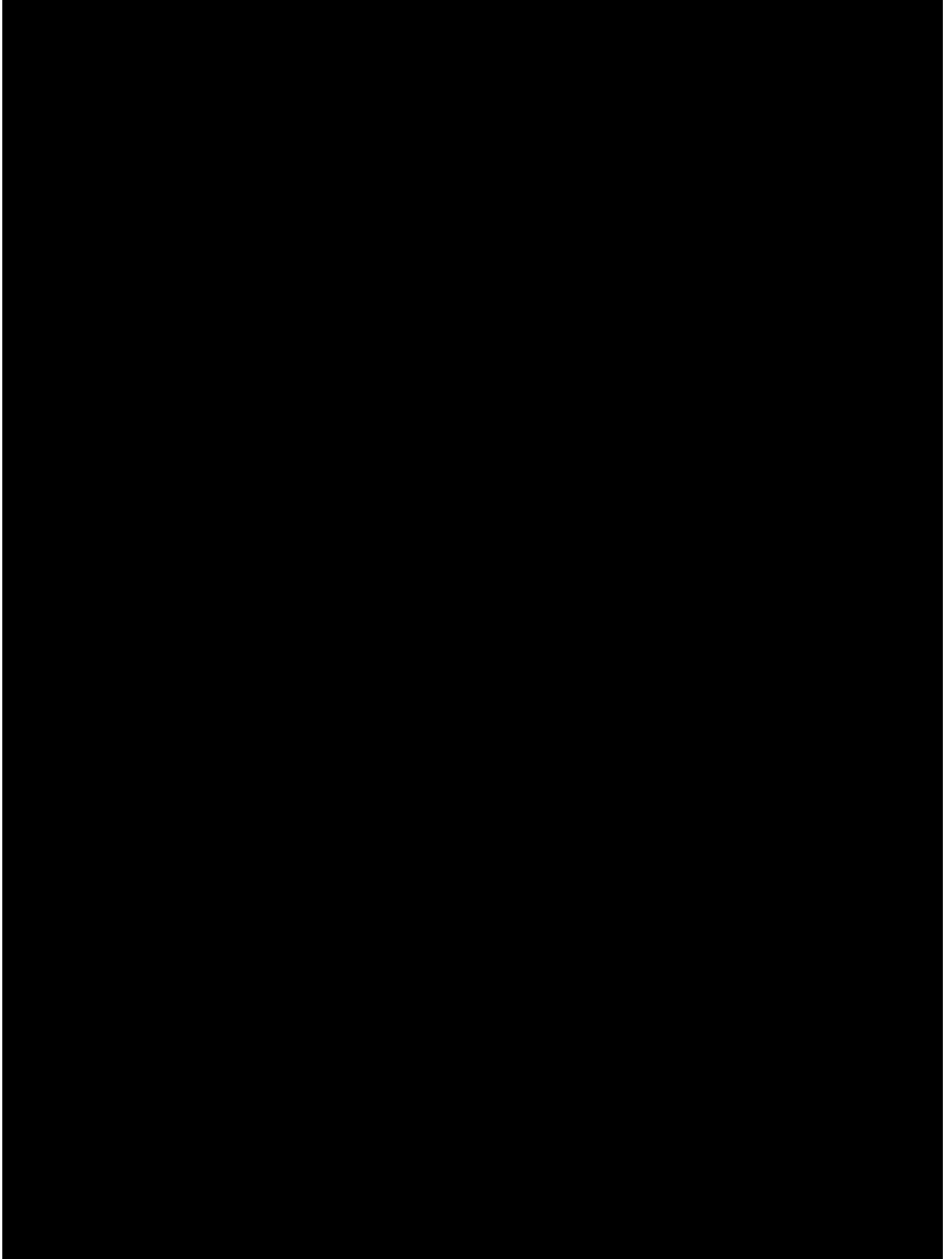


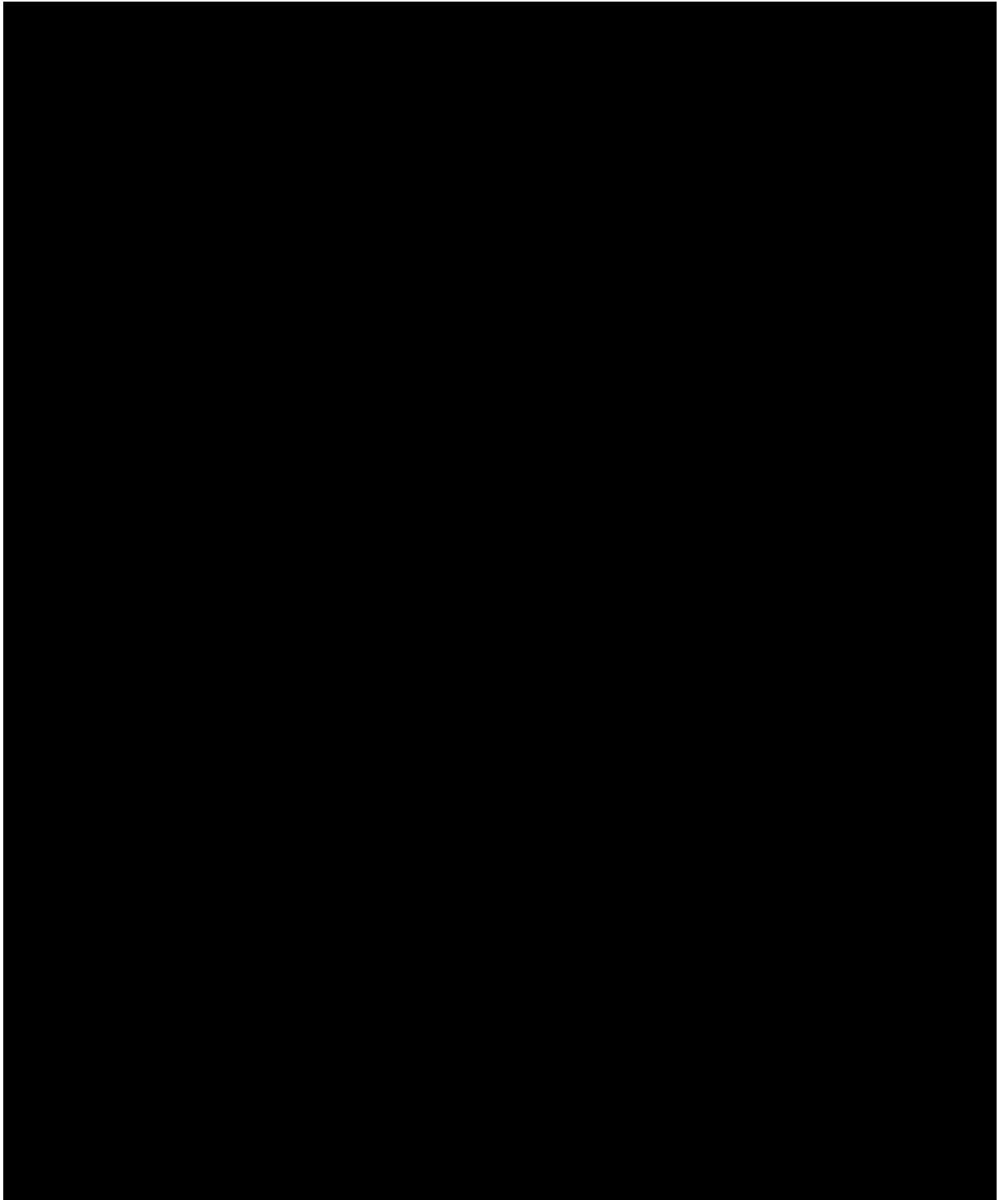




[Redacted]

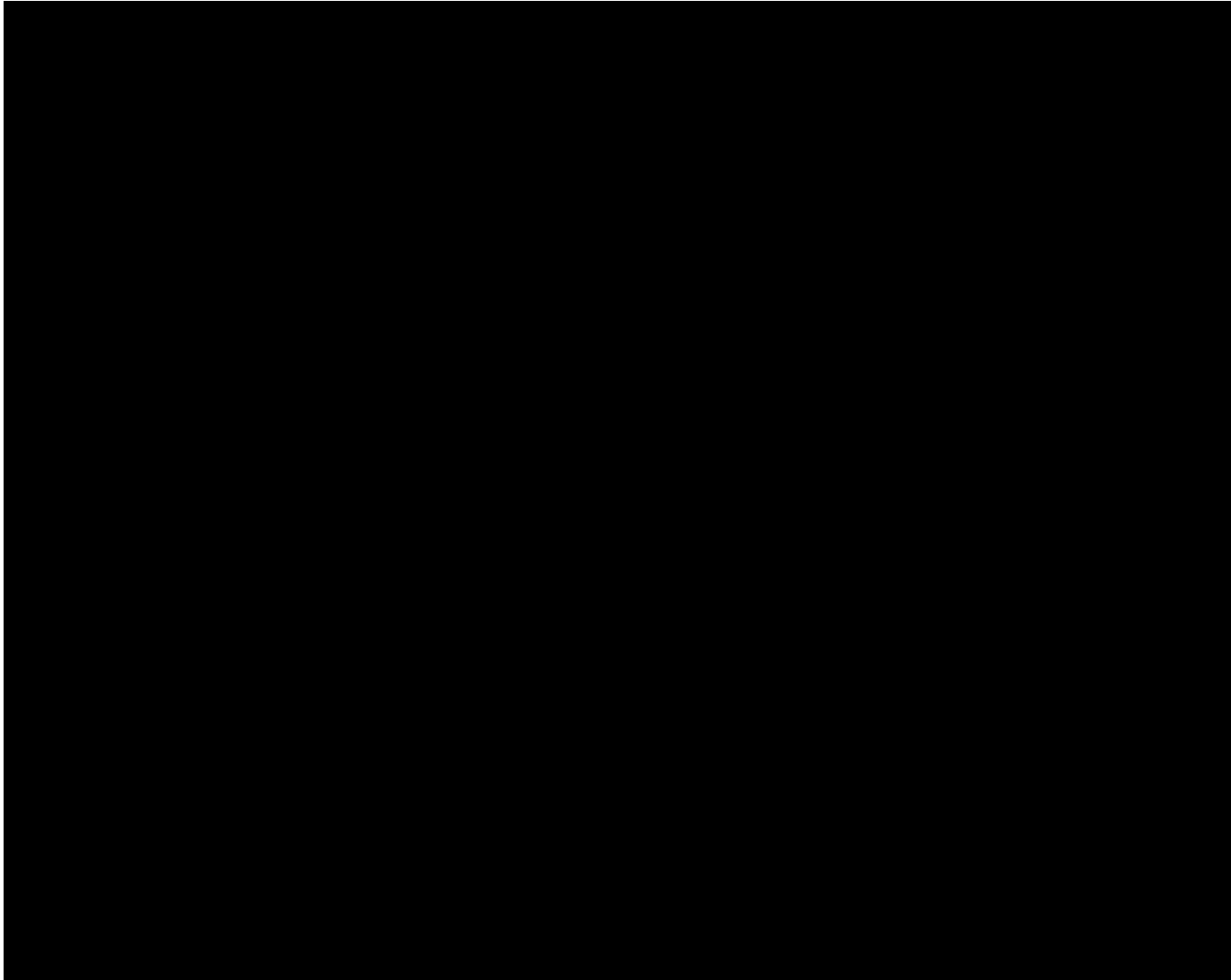
[Redacted]





[Redacted]

[Redacted]



[Redacted]

[Redacted]

1 **WPATH Board of Directors Meeting Minutes**
2 **September 20, 2022; 11:00am ET**
3 **Montreal, Quebec, Canada – Doubletree Hilton Montreal**

4
5 **Participants:** [REDACTED] Marci Bowers, [REDACTED]
6 [REDACTED]
7 [REDACTED]
8 [REDACTED]
9 [REDACTED]

10 **Staff:** [REDACTED]

- 11
12 I. **Welcome**, Call Meeting to Order at 11:08 am Eastern Time.
13
14 **New Item** – No New Items.
15
16 II. **Introductions and Feedback on Conference** – Marci asked the group to go around
17 and introduce themselves and welcome the new members, she also asked folks to
18 weigh in on the symposium.
19
20 III. **SOC8 Rollout** – [REDACTED] confirmed that now that SOC8 is published, we will
21 focus on translations and endorsements.
22
23 IV. **TRAPS Group Action (Opening Session)** – The group discussed the incident at
24 the opening session, how it was handled, the call that was scheduled by [REDACTED]
25 [REDACTED] to read through their demands. The group has had trouble with CPATH,
26 are not clear of our role and power/limits. The group discussed that we need a clear
27 policy in place for staff, volunteers, guests, hotel, hotel security need to follow for
28 future symposium.
29
30 V. **2024 Symposium – Cities for Member Vote** – The group discussed many locales
31 for the symposium in 2024; the final selections to go to membership for vote are;
32 Cape Town, South Africa; Chennai, India; Lisbon, Portugal; Mexico City, Mexico.
33
34 VI. **Meeting was moved and approved to adjourn at 1:18 pm Eastern Time.**

35
36 #####