

Curriculum Vitae and Bibliography Monica Mortensen, DO

1. PERSONAL INFORMATION

Place of Birth – Chicago, IL

Citizenship: - United States

2. PRESENT ACADEMIC RANK AND POSITION

University of Florida Jacksonville
Clinical Assistant Professor, Department of Pediatrics 2018 - Present

Nemours Children's Clinic
807 Children's Way
Jacksonville, FL 32207 2015 - Present
Associate Director of Clinical Service for Endocrinology, Jacksonville
Pediatric Endocrinology

3. EDUCATION

Loyola University- Chicago, IL B.S. in Biological Science 1989 - 1994

Midwestern University/Chicago College of Osteopathic Medicine
Downers Grove, IL Doctor of Osteopathic Medicine 1996 - 2001

Bi-County/Henry Ford Hospital- Detroit, MI 2001 - 2002
Pediatric Internship

Lutheran General Children's Hospital- Park Ridge, IL 2002 - 2004
Pediatric Residency

University of Chicago Children's Hospital- Chicago, IL 2004 - 2007
Pediatric Endocrinology Fellow
Chief Pediatric Endocrinology Fellow 2005 - 2007

Nemours Children's Clinic- Jacksonville, FL 2014 - 2015
Advanced Pediatric Endocrinology Fellow

4. BOARD CERTIFICATION(S)

American Board of Pediatrics

General Pediatrics

2009-Present

American Board of Pediatrics

Pediatric Endocrinology

2015-Present

5. LICENSURE

Illinois

Lic# 036111969

1997-2020

Florida

Lic# OS10132

2007-Present

6. HONORS/AWARDS

LWPES Travel Grant	2005
LWPES Travel Grant	2007
Nordotropin Grant for Fellow Symposium in Sweden	2007

7. PREVIOUS PROFESSIONAL POSITIONS AND MAJOR APPOINTMENTS

Project Health, Inc, Thomas Langley Medical Center Sumterville, FL Pediatrics and Pediatric Endocrinology	2008 – 2012
Director of Pediatrics	2008 – 2012
Lab Director	2010 – 2012
Chief Medical Officer	2011 – 2012
Central Florida Family Health Centers Sanford, FL Pediatrics and Pediatric Endocrinology	2013 – 2014
Nova Southeastern University College of Osteopathic Medicine Clinical Assistant Professor, Department of Pediatrics	2012 – 2014

8. PROFESSIONAL & COMMUNITY MEMBERSHIPS, SOCIETIES AND SERVICES

American Academy of Pediatrics	2001 – Present
American Academy of Osteopathic Pediatricians	2001 – Present
Florida Osteopathic Medical Association	2001 – Present
The Endocrine Society	2004 – Present
Pediatric Endocrine Society	2004 – Present
Florida Pediatric Medical Association	2008 – Present
International Society for Clinical Densitometry (ISCD)	2019 - Present

9. EDUCATIONAL ACTIVITIES

A. Curriculum/Course Development

Member of curriculum committee for Pediatric Endocrinology Fellowship; In process of enhancing and teaching pediatric endocrinology across the three years of fellowship for the University of Florida College of Medicine Pediatric Endocrine Fellows.	2015 - Present
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Member of curriculum committee for Pediatric Endocrinology Rotation for Pediatric residents; In process of enhancing and teaching pediatric endocrinology for the mandatory and elective rotations in endocrine for the University of Florida College of Medicine Pediatric Residents 2015 - Present

B. Teaching

Clinic Preceptor for Mayo Clinic Medical Student and Adult Endocrinology Fellows 2014 - Present

Clinic Preceptor for University of Florida College of Medicine Pediatric Residents and Pediatric Endocrine Fellows. 2014 - Present

Hospital Inpatient Education Wolfson's Children's Hospital 2015 - Present

C. Mentorship

Individual and Position	Timeframe & Description	Outcomes	Current Status
Delia Perez, MD (2 nd , 3 rd year Ped Endo fellow)	7/2019-6/2020. QI project titled "Monitoring Vitamin D in the use of Zoledronic acid infusions". This QI project aimed to improve the recognition and management of vitamin D deficiency in patients undergoing zoledronic acid infusion to prevent side effects.	Re-education of providers occurred during the study period, resulting significant improvement in assessment and treatment of vitamin D deficiency in this study population.	Pediatric endocrinologist in Pennsylvania
Dr. Leopold Maldonado, MD (3 rd year Ped Endo fellow)	1/2022-current. QI project titled "CGM in T2DM." This QI project aimed to improve the management of T2DM by prescribing and using a CGM in pts with T2DM	This QI project is ongoing.	Current 3rd year fellow
Dr. Kelly Hildebrandt (2 nd year fellow)	7/2019-current. QI project titled "Increased screening of Urine microalbumin pts with T1DM. The goal of this QI project is to improve screening, recognition and management of urine microalbuminuria in patients with T1DM.	This QI project is ongoing.	Current 2 nd year fellow (2020-2021)
Fellows Mentored			
Reham Hasan, MD	2014-2017	Pediatric endocrinologist, Nemours Health System, Jacksonville, FL	

Dania Al-Hamad, MD	2015-2016	Pediatric endocrinologist, University of Utah
Hussein Elmufti, MD	2016-2018	Pediatric endocrinologist, Virginia
Delia Perez, MD	2016-2019	Pediatric endocrinologist, Pennsylvania
Ashish Malpani, MD	2017-2020	Pediatric endocrinologist, Dubai
Lurah Welch, MD	2019-2022	Pediatric endocrinologist, Texas
Leopoldo Maldonado, MD	2020-2023	Current 3rd year fellow
Kelly Hildebradt, MD	2021-2024	Current 2 nd year fellow

D. Academic Career Development

Quality Champions Program 05/2022
Quality and Safety and Education teams, Nemours Children Health
Jacksonville, Orlando, FL, and Delaware
Program to train associates and faculty on quality and safety principles
such as: quality improvement methodology, patient safety principles,
the triple aim for populations, patient and family centered care
concepts, teamwork, and leadership principles.

10. INSTITUTIONAL/DEPARTMENTAL ADMINISTRATIVE RESPONSIBILITIES, COMMITTEE MEMBERSHIPS AND OTHER ACTIVITIES

Osteopathic Board of Medicine Board Member	2022-Present
Northeastern Florida Pediatric Diabetes Center Assistant Medical Director	2022- Present
Jacksonville Diabetes Camp Member – Support Assessment, development, implementation and evaluation of education and safety of campers and medical staff	2022- Present
Nemours Quality and Patient Safety Committee Member- Development, implementation, and evaluation of QI/QA projects for Nemours Jacksonville, outpatient	2022 – Present
Women at Work Committee Member- resource and support group working women	2022 – Present
Wellness Committee Member- Promote physical and mental well being for staff	2021 – Present
Associate Director of Clinical Service for Endocrinology, Jacksonville	2018 - Present

Pediatric Endocrinology	
Needs Assessment Committee Member- Evaluation & Review of proposed clinical positions	2018 – 2022
Nemours Pediatric Endocrinology Curriculum Committee Member- Development, implementation and evaluation of education For Pediatric Endocrinology Fellows	2015 - Present
Nemours Pediatric Endocrinology QI Committee Member- Development, implementation and evaluation of QI/QA projects for Pediatric Endocrinology Fellows	2015 – Present
ADA- Camp JADA Camp Committee Member – Support Assessment, development, implementation and evaluation of education and safety of campers and medical staff	2015 - 2021
ADA- Triangle D Diabetes Camp Committee Member – Support Assessment, development, implementation and evaluation of education and safety of campers and medical staff	2004 - 2019

11. PRESENTATIONS

International/

LWPES/ESPR Lyon France: “Precocious Puberty in Turners Syndrome” Monica Mortensen, Donald Zimmerman, Elizabeth Baumann. 08/2005

Endocrine Society Toronto Canada: “The Functional Significance of the Various Types of Ovarian Morphologies of Polycystic Ovary Syndrome” Monica Mortensen, David Ehrmann, Elizabeth Littlejohn, Robert L. Rosenfield. 06/2007

National

OMED 23 Osteopathic Conference

Pediatric Section

“Thyroid disorders in Children”

“Vit D and its Related disorders in Children”

10/2023

12. CLINICAL PRACTICE, INTERESTS, AND ACCOMPLISHMENTS

General Pediatric Endocrinology, PCOS and menstrual disorders, Precocious Puberty and Pubertal Disorders, Adrenal Disorders, Pediatric calcium and bone disorders, as well as T1DM & T2DM

Completed Quality Improvement Program through Nemours and IHI 2022. Currently involved as mentor to fellows QI projects, endocrine QI projects and a member of the Quality and Patient Safety Committee.

Certified Clinical Densitometrist 2022

13. RESEARCH INTERESTS

Use of technology to improve diabetes control, Precocious Puberty, PCOS, Metabolic Effects of Human Growth Hormone. Bone disorders in Pediatrics.

14. Educational Practice, Interests, and Accomplishments

University of Florida College of Medicine Jacksonville, FL USA 2018 - Present
Assistant Professor of Pediatrics

Nova Southeastern University College of Osteopathic Medicine 2012 - 2014
Clinical Assistant Professor, Department of Pediatrics

Preceptor of visiting medical students (pediatric clerkship): 2013 - 2014
University of Central Florida/ School of Medicine

Preceptor of visiting medical students (pediatric clerkship): 2008 - 2014
Nova Southeastern University College of Osteopathic Medicine

15. BIBLIOGRAPHY

1. Robert L Rosenfield, K. Wroblewski, V. Padmanabhan, Elizabeth Littlejohn, Monia Mortensen, David Ehrmann. Antimüllerian hormone levels are independently related to ovarian hyperandrogenism and polycystic ovaries. *Fertil Steril*. 2012 Apr 26.

2. Robert L Rosenfield, Monica Mortensen, K. Wroblewski, Elizabeth Littlejohn, David Ehrmann. Determination of the source of androgen excess in functionally atypical polycystic ovary syndrome by a short dexamethasone androgen-suppression test and a low-dose ACTH test. *Hum Reprod*. 2011 Nov;26(11):3138-46.

3. Monica Mortensen, David Ehrmann, Elizabeth Littlejohn, Robert L. Rosenfield. Asymptomatic Volunteers with a Polycystic Ovary Are a Functionally Distinct but Heterogeneous Population. *J Clin Endocrinol Metab* 2009 May; 94 (5):1579-1586.

4. Jennifer Hirshfield-Cytron, Randall B. Barnes, David Ehrmann, Anthony Caruso, Monica Mortensen and Robert L. Rosenfield. Characterization of Functionally Typical and Atypical Types of Polycystic Ovary Syndrome. *J Clin Endocrinol Metab* 2009 May; 94 (5):1587-1594.

5. Monica Mortensen, Robert L Rosenfield, and Elizabeth Littlejohn. The Functional Significance of Polycystic-Size Ovaries (PSO) during Puberty. *J Clin Endocrinol Metab* 2006 Oct; 91 (10):3786-90.