

Jonathan P. Clemens, DMSc, PA-C

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Education

Liberty University, Lynchburg VA	
<i>Doctor of Philosophy in Health Sciences, Trauma Informed Care</i>	6/2026
A.T. Still University, Arizona School of Health Sciences, Mesa AZ	
Doctor of Medical Science, Clinical Leadership	6/2023
Western Seminary, Portland OR	
Master of Theology, high honors	8/2021
Pierce College, Puyallup WA	
Undergraduate coursework (20 quarter hours), Fire Command Administration	2017—19
Pacific University, Forest Grove OR	
Master of Science, Physician Assistant Studies	8/2012
South Puget Sound Community College, Olympia WA	
Associate of General Studies, highest honors (pre-PA leveling)	12/2009
Santa Fe Institute, Santa Fe NM	
Complex Systems Summer School	7/2004
Pepperdine University, Malibu CA	
Master of Divinity	9/1996
Master of Science, Ministry	12/1994
Excelsior College (then USNY Regents' College), Albany NY	
Bachelor of Science, Computer Information Systems	1/1992
Associate of Science, Computer Software	9/1991
University of Alaska Southeast, Juneau AK	
Associate of Arts (completed prior to high school graduation)	5/1989

Employment History

Principal/Physician Assistant , ErgoCare Clinic PLLC, Olympia WA	9/2021—
Leading a PA-owned small-scale occupational and family medicine clinic.	
Teaching Assistant , Western Seminary, Portland OR	1/2021—
Facilitation and instructional support for online seminary courses. Part time.	
Physician Assistant , The Emily Program, Lacey WA	6/2019—
Medical clearance and monitoring for eating disorders clinic. Part time/contract.	
Adjunct Clinical Instructor , Pacific University School of Physician Assistant Studies	1/2016—
Precept PA students in clinical rotations, guest lecture. Part time/intermittent.	
EMS Instructor/Evaluator , Thurston County Medic One, Olympia WA	12/2007—
Provide initial and ongoing training for EMTs. Standardized patient 2007—2009.	
Instructor 2010—present. Evaluator 2014—present. Part time/intermittent.	
Chaplain/Chief EMS Officer , South Bay Fire Department, Olympia WA	8/2006—
Volunteer/stipend positions. Primary Fire/BLS response for outlying area. Captain	
2013—2018. Assistant Medical Services Officer 2015—2017. Acting Battalion Chief	
2016—2018. Chief Emergency Medical Services Officer 2018—present.	
Physician Assistant , Atlas Sleep Center, Olympia WA	9/2019—9/21
Sleep Medicine PA. Grew practice from single day clinic in sublet office space to	1/2017—11/18
AASM accredited 2 bed sleep center, without onsite physician. Part time.	
Physician Assistant , Anesis Spine and Pain, Lacey WA	10/2020—8/21
Medical assessment, Opioid management, interventional pain procedures, including	
joint injections under ultrasound guidance. Part time.	

Employment History, Continued

Physician Assistant , Littlerock Family Medicine, Tumwater WA Primary care, seeing family medicine (scheduled and walk-in/urgent care) patients and occupational medicine cases.	10/2018—10/20 3/2015—5/17
Physician Assistant , Cross Road Health Ministries, Glennallen AK Provide family and emergency medical care in Glennallen, Delta Junction, and Tok, Alaska for up to 2 weeks at a time. Full time/intermittent.	1/2019—9/20
Physician Assistant , KB Family Practice, Olympia WA Family and occupational medicine, coverage for retiring solo physician. Part time.	4/2017—8/19
Physician Assistant , Group Health Physicians, Olympia WA Family medicine with specialization in skin biopsies, diabetic foot care, nail surgery, joint injections, and as EPIC electronic medical record “super user.”	9/2012—3/15
Volunteer Firefighter/EMT , Washington County Fire District 2, North Plains OR Respond to station to staff second unit or cover station for second 911 call.	9/2010—3/12
Information Security Manager , Intel Corporation, DuPont WA Extensive career in IT security and risk management, including risk assessment, policy development, penetration testing, investigations, incident response, mergers & acquisitions, and project, program, and people management. Collateral duties included emergency response team command, Christian diversity group leadership.	5/1997—6/10
Office Systems Analyst , World Vision U.S., Federal Way WA Team leader of 4 IT help desk analysts serving a large, multilingual nonprofit.	7/1995—5/97
Ministry Intern , Northwest Church of Christ, Shoreline WA Emphasis in youth, preaching, chaplaincy, small group ministries.	8/1993—6/95
Systems Analyst , Unisys Government Systems, Inc., Juneau AK Systems manager and user training specialist for U.S. Coast Guard.	6/1990—4/93

Current Professional Certifications

	First earned
Medical	
Physician Assistant License, Alaska (inactive)	11/2018
Clinical Sleep Educator, Board of Registered Polysomnographic Technologists	2/2017
Fellow of the Academy of Wilderness Medicine, Wilderness Medical Society	8/2016
Registered Medical Examiner, U.S. DOT FMCSE (CDL exams)	5/2015
EMS Evaluator, Washington State	6/2014
Controlled Substances Registration Certificate, Schedules II-V, DEA (WA, Past: AK)	8/2012
Physician Assistant License, Washington State (WA Osteopathic PA 3/2017—4/2021)	8/2012
Physician Assistant, Certified (PA-C), NCCPA	8/2012
EMT Basic (National Registry, Washington. Past: Oregon, WMI Wilderness EMT)	6/2006
Fire/Rescue (prerequisite certificates omitted for brevity)	
Fire Instructor 2, International Fire Service Accreditation Congress (IFSAC)	3/2019
Fire Officer II, IFSAC	12/2017
Master Fire Chaplain, Federation of Fire Chaplains (FFC)	10/2016
Firefighter II, IFSAC	5/2016
Information Risk and Security	
Healthcare Information Security and Privacy Practitioner (HCISPP), ISC ²	12/2014
Certified Information Systems Security Professional (CISSP), ISC ²	7/1999

Selected Publications

- Parsons, Marissa and Jonathan Clemens (in press), "Eating Disorders and Bariatric Surgery: The Chicken or the Egg?" *Journal of the American Academy of PAs*
- Clemens, Jonathan, "Dear Christian Physicians", *CMDA Today*, 54:2, Summer 2023.
- Kline, Kiki M., Elizabeth A. O'Neill, Stephanie Behar, Virginia Ramseyer Winter, and Jonathan P. Clemens. "Weight Stigma: A Potential Barrier to Psychiatric/Mental Health Medication Care." *Social Work in Mental Health*, March 1, 2023, 1–18. doi:10.1080/15332985.2023.2184191.
- Clemens, Jonathan, "Detransitioners in Your Church Doorway?" *Eikon*, 4:2, Fall 2022.
- Clemens, Jonathan, "September 12, 2020," *Health Enhanced by Art*, A.T. Still University, 2022.
- Clemens, Jonathan, "Meaningful Use," *Journal of the American Academy of PAs*, November, 2021. doi:10.1097/01.JAA.0000795044.84373.32.
- Clemens, Jonathan, "Addressing Religious Objections to Vaccination," *Journal of the American Academy of PAs*, February, 2020. doi:10.1097/01.JAA.0000651744.92234.17.
- Clemens, Jonathan, "Health Information Security for Wilderness Medical Providers: an Overview," *Wilderness Medicine Magazine*, 2016. <http://wms.org/magazine/1180/Information-Security>
- Clemens, Jonathan P., "Hyponatremia in Elderly Patients Treated for Depression With Selective Serotonin Reuptake Inhibitors Versus Tricyclic Antidepressants" (2012). *School of Physician Assistant Studies*.
- Fellman, Philip V., Jonathan P. Clemens, Roxana Wright, Jonathan Vos Post, and Matthew Dadmun, "Disrupting Terrorist Networks – A Dynamic Fitness Landscape Approach," in *Conflict and Complexity: Countering Terrorism, Insurgency, Ethnic and Regional Violence*, ed. Philip V. Fellman, Yaneer Bar-Yam, and Ali A. Minai. Cambridge, MA: Springer, 2015.
- Clemens, Jonathan and Dennis Morgan, "Choosing the Right Client Model," *Premier IT Magazine*, Summer, 2007. Framingham, MA: CXO Media.
- Clemens, Jonathan, and Lauren O'Neill, "Discovering an Optimum Covert Network";
- Metcalf, Sara S., and Jonathan P. Clemens "Modeling Ourselves: Social Selection and Development in a Substantially Novel Network";
- Schaeffer, Satu Elisa, Jonathan P. Clemens, and Patrick Hamilton, "Decision Making in a Distributed Sensor Network," all from *Student Papers, 2004 Santa Fe Institute Complex Systems Summer School*, Santa Fe, NM: Santa Fe Institute, 2004.

Selected Public Presentations

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| Chaplains Association for Public Safety of Thurston County | |
| "Chaplain Care and First Responder PTSD in Washington State" | 2023 |
| AAPA National Convention (Category 1 CME offered) | |
| "With Great Power Comes Great(er) Responsibility – Reaching Across the Power Differential" (With DEI Commission) | 2023 |
| "Challenges in Communicating Across Cultural Differences" (With DEI Commission) | 2022 |
| Conference on Medicine and Religion (Category 1 CME offered) | |
| "Eunuchs as Biblical Models of Hope for Detransitioners" | 2023 |
| Catholic Medical Association, annual educational conference (Category 1 CME offered) | |
| "Eating Disorders and Social Media: An Exquisitely Distorted Relationship" | 2022 |
| Presbyterian College, PA program virtual grand rounds | |
| "Eating disorders for Non-Specialists" | 2022 |
| "Sleep Medicine" | 2022 |
| CMDA Bioethics Perspectives 2021 (Category 1 CME offered) | |
| "Eating Disorders for Non-Specialists: Awareness and Ethical Considerations at the Intersection of Medical and Mental Healthcare" | 2021 |
| Pacific University, PA program lectures | |
| "Racial Disparities in Maternal Mortality" | 2021 |
| "Eating Disorders" | 2020 |
| "Sleep Medicine" | 2017, 19–22 |

Selected Public Presentations, Continued

Pacific University, PA program lectures, continued	
"Addressing Patient Religious Concerns in a Diverse Society"	2017
"Occupational Medicine"	2017
LinuxWorld Expo	
"Enterprise Security"	2007
Intel Premier IT Partners,	
"Enterprise Security"	2005, 2007
"Get Rich or Stay Thin"	2007
Information Systems Audit and Control Association (ISACA) – Mt. Rainier Chapter	
"Using the Incident Command System for Computer Incident Response"	2001

Media appearances

"Eating Disorder Diagnosis and Treatment" <i>Doctor, Doctor</i> podcast, 3/31/2023	
"Washington's Death with Dignity Act may get an update" Spokane Public Radio, 3/7/2023, https://www.spokanepublicradio.org/regional-news/2023-03-07/washingtons-death-with-dignity-act-may-get-an-update	
"What You Need to Know About Eating Disorders" <i>Doctor, Doctor</i> podcast, 3/3/2023	
"Improving Cross-Cultural Communication Skills With Patients" Medscape, https://www.medscape.com/viewarticle/974645 , 5/26/2022.	
"Franklin Graham: Americans should 'prayerfully' consider getting the COVID-19 vaccine," Washington Times, https://www.washingtontimes.com/news/2021/may/19/franklin-graham-americans-should-prayerfully-consi/ , 5/19/2021.	
"Addressing Religious Objections to Vaccination," <i>CMDA Matters</i> podcast, https://cmda.org/jonathan-clemens-pa-c-immunizations/ , 8/19/2020.	

Graduate Level Courses Facilitated as Teaching Assistant, Western Seminary

BL 503 Interpreting Acts through Revelation	Spring 2021
BL 570 Psalms and Ecclesiastes: Ancient Models for Faithful Living	Fall 2022
BT 501 Hermeneutics	Fall 2021
BT 502 Understanding Biblical Theology	Spring 2023
BT 537 Priestly Messiah, Temple and Apocalyptic	Summer 2022
CS 501 Loving God and Others	Summer 2022
ML 506 Ministerial Ethics	Summer 2021, Spring 2022

Medical Coursework

Practical Point of Care Ultrasound 3 day course, Practical POCUS	Attended 8/2019
IV Therapy endorsement for EMTs, Mason County Medic One	11/2016
Remote Medicine for Advanced Providers (RMAP), Remote Medical International	9/2013
Wilderness Upgrade for Medical Providers, NOLS/Ready SF	4/2012
The Difficult Airway Course: EMS	9/2011

Expired Medical Certifications

Advanced Wilderness Life Support, Adventure Med/University of Utah	First Earned 6/2015
Advanced Life Support in Obstetrics (ALSO), AAFP	9/2014
Fundamental Critical Care Support, SCCM	6/2014
Advanced Trauma Life Support (ATLS), American College of Surgeons	1/2013
Pre-Hospital Trauma Life Support (PHTLS), NAEMT	12/2012
Advanced Burn Life Support (ABLS), American Burn Association	10/2011
Pediatric Advanced Life Support (PALS), American Heart Association (AHA)	5/2011
Advanced Cardiac Life Support (ACLS), AHA	10/2008

Fire/Rescue Coursework

Incident Command System core courses IS-100, -200, -300, -400, -700, -800, FEMA	2006—2015
Blue Card Incident Command Training, (Sim lab) Fire Command Seminars/Olympia Fire	10/2018
USFA Type 3 Incident Management Team Training, O-305	6/2018
IAFF Fire Ground Survival, Olympia Fire Department	5/2014
Blue Card Incident Command Training Program, (Online) Fire Command Seminars	9/2013
Incident Safety Officer, National Fire Academy (NFA)	2/2010
Strategies and Tactics for Initial Company Operations, NFA	1/2008
Police/Fire Chaplains' Training Academy, WA Criminal Justice Training Commission	10/2007
Volunteer Firefighter Academy, HAZMAT ops Thurston Fire/Rescue Training Consortium	12/2006

Professional Recognition

Fire Officer of the Year, South Bay Fire Department	Awarded 2013, 2015
Division Recognition Award for outstanding achievement, Intel Corporation, 6 awards	2002—2008
Patent filings, Intel Corp. PRC patent 101490669, 2012. U.S. Patent <u>8471904</u> , 2013.	2006—2008
Firefighter of the Year, South Bay Fire Department	2007
Honor Graduate, Thurston County Fire Rescue Training Consortium Academy 06-02	2006

Community Service

Fellowship of Christian PAs: Board member, President 2019—20, 2022—23	Active 2017—
Diversity, Equity, and Inclusion commission member, AAPA	2020—23
PAs For Tomorrow, Board Member at Large	2021—23
American Red Cross: Health services volunteer, shelter support, Hurricane Florence	2018
Medical Reserve Corps Volunteer, Thurston County Health Department	2017—
Moderator/Administrator, The Physician Assistant Forum	2012—
Health Talents International: Medical mission team member	2008—
Cub Scouts/Boy Scouts of America: Registered adult leader	2005—2013
Computer Technology Investigators Northwest: Private sector board member-at-large	2000—2006

Professional Memberships

PAs For Tomorrow	2013—
Christian Medical and Dental Associations/Fellowship of Christian PAs (life member)	2012—
Wilderness Medical Society	2011—
American Academy of Physician Assistants	2010—2013, 2018—
Washington Academy of Physician Assistants	2010—
Federation of Fire Chaplains	2009—
Washington State Firefighters Association	2008—
International Association of Fire Chiefs	2018—2022
Society of Emergency Medicine Physician Assistants	2014—2021

Personal Interests

Games, including card, board, role-playing, and computer. Martial arts. Complex systems studies.

Revision date: June 22, 2023.